



		Races	Points	Individual race points								
				1	2	3	4	5	6	7	8	
=	Helen Wright	6	30	5	5	5	5	5				5
49	Jane Cockerton	4	29	7	9	7	6					
50	Aneurin Hughes	5	25	5	5	5					5	5
=	Eleanor Law	5	25		5	5		5	5			5
=	Craig Royston	5	25	5	5	5		5	5			
=	Steve Sanders	5	25	5	5		5		5	5		
=	Nick Thornton	5	25	5	5		5	5			5	
55	Susan Charlesworth	4	24	5				5			9	5
56	Jacqueline Armitage	3	23			6	8					9
57	Dawn Broom	1	22						22			
=	John Lawcock	2	22	15				7				
59	Barbara Haigh	1	21									21
60	Robin Clough	1	20			20						
=	Duncan Cundy	4	20	5	5	5	5					
=	Jude Matthews	4	20		5				5	5		5
=	Colin Porteous	4	20			5	5	5	5			
=	Pete Stanley	4	20				5	5	5			5
=	Michael Walsh	4	20	5	5			5			5	
=	Nick Wright	4	20	5	5	5	5					
67	Jemma Williams	3	17				5				6	6
=	Stuart Woodhead	3	17						5	5		7
69	Jill Davis	3	15	5							5	5
=	Alex Furniss	3	15	5	5	5						
=	Dawn Godley	3	15	5	5		5					
=	Rachel Jarvis	3	15					5	5			5
=	Annie Lightowler	3	15			5	5		5			
=	Heather Lindley	3	15					5	5	5		
=	Denise Pozorski	3	15	5			5				5	
=	Ailsa Storey	3	15	5	5		5					
=	Tom Wake	3	15	5	5	5						
=	Andrew Walch	3	15	5	5		5					
79	Megan Button	2	11	6		5						
80	Kate Booth	2	10	5		5						
=	Geoff Dimelow	2	10	5	5							
=	Donna Kilpin	2	10		5	5						
=	Valentina Wright	2	10	5					5			
84	Alison Nockels	1	8		8							
=	Shaun Swallow	1	8						8			
=	John Tomlinson	1	8	8								
87	Hope Claydon	1	6						6			
88	Lindsay Crew	1	5	5								
=	Steve Dickinson	1	5		5							
=	Chris Hodgson	1	5	5								
=	Seuranie Johnstone	1	5			5						
=	Stephanie Jones	1	5					5				
=	David Needham	1	5	5								
=	Marysia Pozorski	1	5						5			
=	Andrew Shiel	1	5									5
=	Ian Sutcliffe	1	5				5					



# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Individual best times

Men			Ladies				
	Time	Race		Time	Race		
1	Damian Kilpin	27:49	5	1	Laura Gill	31:32	6
2	Martin Ball	28:47	3	2	Megan Button	33:58	1
3	Matthew Robinson	28:51	3	3	Rebecca Timms	34:08	6
4	Robin Clough	29:12	3	4	Julie Darigala	34:22	2
5	Richard Mackie	29:25	7	5	Elizabeth Deacon	35:16	1
6	Mark Riordan	29:32	1	6	Rachael Mayston	35:40	8
7	Mick Quinn	29:49	1	7	Helen Wright	35:55	2
8	Jonathan Phillips	30:26	6	8	Ashleigh Bowskill	36:45	5
9	Simon Pike	30:31	5	=	Julie Moxon	36:45	3
10	Daniel Limb	30:40	6	10	Hope Claydon	36:52	6
11	Jonathan Bentley	31:21	1	=	Jemma Williams	36:52	7
12	Chris Deacon	31:41	1	12	Dawn Broom	37:28	6
13	John Howsham	31:47	1	13	Valentina Wright	37:57	1
14	John Lawcock	31:58	1	14	Jude Matthews	38:19	2
15	Aneurin Hughes	32:01	3	15	Shelley Gill	38:37	7
16	Steve Storey	32:29	3	16	Seuranie Johnstone	38:43	3
17	Peter Claydon	32:55	4	17	Lisa Hinchliffe	38:46	5
=	John Tomlinson	32:55	1	18	Ailsa Storey	39:02	1
19	Matthew Coldwell	33:32	6	19	Jacqueline Armitage	39:32	4
20	Jim Bell	33:35	3	20	Alex Furniss	39:37	2
21	Alan Knox	33:41	3	21	Tracy Woodward	39:40	6
=	Andrew Walch	33:41	4	22	Jane Cockerton	40:01	3
23	Chris Hodgson	33:43	1	23	Sarah Halstead	40:12	4
24	Ian St Clair	33:49	1	24	Alison Nockels	40:14	2
25	Bill Phillips	33:53	1	25	Susan Charlesworth	41:13	1
26	Steve Frith	33:55	5	26	Myfanwy Cross	41:30	7
27	Wayne Parkinson	33:58	3	=	Eleanor Law	41:30	3
28	Shaun Swallow	34:12	6	28	Dawn Godley	42:56	1
29	Paul Fryers	34:14	1	29	Sue Hall	42:59	8
30	Steve Sanders	34:19	6	30	Kate Booth	43:21	3
31	Dean Allcroft	34:26	4	31	Annie Lightowler	43:51	6
32	Duncan Cundy	34:40	3	32	Heather Lindley	44:37	6
33	Nick Wright	34:54	3	33	Rachel Jarvis	45:06	8
34	Kelvin Bowskill	35:15	5	34	Stephanie Jones	45:33	5
35	Nick Thornton	36:15	2	35	Teresa Wall	45:35	3
36	Brent Lindsay	36:23	6	36	Lindsay Crew	46:18	1
37	Nick Whittingham	37:11	2	37	Susan Higham	47:06	2
38	Michael Walsh	37:12	5	38	Marysia Pozorski	47:25	6
39	Tom Wake	37:37	3	39	Barbara Haigh	47:53	8
40	Andrew Shiel	38:10	8	40	Denise Pozorski	49:16	4
41	Pete Stanley	38:33	4	41	Donna Kilpin	49:35	3
42	David Foster	38:36	1	42	Jill Davis	53:03	8
43	Stuart Smith	38:37	7				
44	Colin Porteous	38:58	6				
45	Craig Royston	39:34	6				
46	Ian Sutcliffe	39:44	4				
47	Stuart Woodhead	39:55	8				

**Men**

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		Time	Race
48	Carl Matthewman	40:12	6
49	Steve Dickinson	41:23	2
50	Ian Wragg	42:12	1
51	David Needham	42:46	1
52	Geoff Dimelow	46:53	2
53	Peter Cross	48:01	6
54	John Spencer	48:53	3

**Ladies**

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		Time	Race
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# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Race 1 Results

19 September 2017

63 finishers

						WMA times – adjusted for age and sex				
						Time	Points			
	Est	H'cap	Finish	Actual	+/-					
1	Kate Booth	52:00	00:00	46:34	46:34	- 5:26	1	Mick Quinn	25:20	25
2	Shelley Gill	46:15	05:45	47:15	41:30	- 4:45	2	Bill Phillips	25:21	24
3	Duncan Cundy	41:00	11:00	48:23	37:23	- 3:37	3	Matthew Robinson	26:31	23
4	Lindsay Crew	49:30	02:30	48:48	46:18	- 3:12	4	Martin Ball	26:34	22
5	Rachael Mayston	44:00	08:00	49:04	41:04	- 2:56	5	Alan Knox	27:01	21
6	Chris Deacon	34:00	18:00	49:41	31:41	- 2:19	6	Steve Frith	27:10	20
7	Wayne Parkinson	36:15	15:45	49:46	34:01	- 2:14	7	Chris Deacon	27:23	19
8	Mark Riordan	31:30	20:30	50:02	29:32	- 1:58	8	John Howsham	27:28	18
9	Jim Bell	36:00	16:00	50:03	34:03	- 1:57	9	Mark Riordan	27:39	17
10	Steve Frith	36:30	15:30	50:08	34:38	- 1:52	10	Jonathan Bentley	28:00	16
11	Ashleigh Bowskill	38:45	13:15	50:10	36:55	- 1:50	11	John Lawcock	28:05	15
12	Jonathan Phillips	34:15	17:45	50:11	32:26	- 1:49	12	Julie Darigala	28:34	14
13	Craig Royston	44:00	08:00	50:40	42:40	- 1:20	13	Jim Bell	28:41	13
14	Helen Wright	37:15	14:45	50:49	36:04	- 1:11	14	Wayne Parkinson	28:54	12
15	Ian St Clair	35:00	17:00	50:49	33:49	- 1:11	15	Richard Mackie	29:07	11
16	Susan Charlesworth	42:15	09:45	50:58	41:13	- 1:02	16	Ian St Clair	29:28	10
17	Megan Button	35:00	17:00	50:58	33:58	- 1:02	17	Peter Claydon	29:30	9
18	Paul Fryers	35:15	16:45	50:59	34:14	- 1:01	18	John Tomlinson	29:38	8
19	John Howsham	32:45	19:15	51:02	31:47	- 0:58	19	Jane Cockerton	29:51	7
20	Ailsa Storey	40:00	12:00	51:02	39:02	- 0:58	20	Megan Button	29:55	6
21	Bill Phillips	34:45	17:15	51:08	33:53	- 0:52	21	David Foster	30:17	5
22	Nick Thornton	37:00	15:00	51:16	36:16	- 0:44	22	Elizabeth Deacon	30:19	5
23	Daniel Limb	33:00	19:00	51:28	32:28	- 0:32	23	Paul Fryers	30:34	5
24	Elizabeth Deacon	35:45	16:15	51:31	35:16	- 0:29	24	Julie Moxon	30:36	5
25	Aneurin Hughes	33:00	19:00	51:33	32:33	- 0:27	25	Valentina Wright	30:42	5
26	Mick Quinn	30:15	21:45	51:34	29:49	- 0:26	26	Susan Charlesworth	30:44	5
27	Alex Furniss	40:45	11:15	51:35	40:20	- 0:25	27	Jonathan Phillips	31:05	5
28	David Foster	39:00	13:00	51:36	38:36	- 0:24	28	Chris Hodgson	31:05	5
29	Dawn Godley	43:15	08:45	51:41	42:56	- 0:19	29	Dawn Godley	31:15	5
30	Jane Cockerton	40:15	11:45	51:47	40:02	- 0:13	30	Helen Wright	31:27	5
31	Martin Ball	29:00	23:00	51:49	28:49	- 0:11	31	David Needham	31:39	5
32	Tom Wake	38:00	14:00	51:52	37:52	- 0:08	32	Sue Hall	31:42	5
33	Matthew Robinson	29:45	22:15	51:56	29:41	- 0:04	33	Matthew Coldwell	31:48	5
34	Jonathan Bentley	31:15	20:45	52:06	31:21	+ 0:06	34	Steve Sanders	31:52	5
35	John Tomlinson	32:45	19:15	52:10	32:55	+ 0:10	35	Daniel Limb	32:04	5
36	Alan Knox	34:15	17:45	52:11	34:26	+ 0:11	36	Nick Wright	32:11	5
37	Matthew Coldwell	33:30	18:30	52:12	33:42	+ 0:12	37	Aneurin Hughes	32:17	5
38	John Lawcock	31:45	20:15	52:13	31:58	+ 0:13	38	Sarah Halstead	32:20	5
39	Teresa Wall	46:00	06:00	52:16	46:16	+ 0:16	39	Teresa Wall	32:25	5
40	Peter Claydon	33:15	18:45	52:19	33:34	+ 0:19	40	Ashleigh Bowskill	32:31	5
41	Valentina Wright	37:30	14:30	52:27	37:57	+ 0:27	41	Simon Pike	32:35	5
42	Chris Hodgson	33:15	18:45	52:28	33:43	+ 0:28	42	Lisa Hinchliffe	32:50	5
43	Michael Walsh	37:30	14:30	52:38	38:08	+ 0:38	43	Tracy Woodward	33:15	5
44	Ian Wragg	41:30	10:30	52:42	42:12	+ 0:42	44	Rachael Mayston	33:52	5
45	Sarah Halstead	40:30	11:30	52:51	41:21	+ 0:51	45	Stuart Smith	33:56	5
46	Andrew Walch	34:30	17:30	52:52	35:22	+ 0:52	46	Andrew Walch	34:09	5
47	Nick Wright	34:30	17:30	52:58	35:28	+ 0:58	47	Ailsa Storey	34:21	5

## 63 finishers

						<b>WMA times – adjusted for age and sex</b>				
						<b>Time</b>	<b>Points</b>			
		<b>Est</b>	<b>H'cap</b>	<b>Finish</b>	<b>Actual</b>	<b>+/-</b>				
48	Tracy Woodward	40:00	12:00	53:07	41:07	+ 1:07	48	Jill Davis	34:24	5
49	Richard Mackie	30:30	21:30	53:20	31:50	+ 1:20	49	Alex Furniss	34:43	5
50	Julie Darigala	34:15	17:45	53:27	35:42	+ 1:27	50	Duncan Cundy	35:01	5
51	Lisa Hinchliffe	38:00	14:00	53:28	39:28	+ 1:28	51	Ian Wragg	35:15	5
52	Julie Moxon	36:15	15:45	53:35	37:50	+ 1:35	52	Nick Thornton	35:57	5
53	Stuart Smith	40:15	11:45	53:50	42:05	+ 1:50	53	Shelley Gill	36:04	5
54	Steve Sanders	32:30	19:30	54:04	34:34	+ 2:04	54	Nick Whittingham	36:25	5
55	Peter Cross	50:00	02:00	54:19	52:19	+ 2:19	55	Michael Walsh	37:17	5
56	David Needham	40:15	11:45	54:31	42:46	+ 2:31	56	Geoff Dimelow	37:35	5
57	Denise Pozorski	48:00	04:00	55:09	51:09	+ 3:09	57	Tom Wake	37:52	5
58	Sue Hall	42:00	10:00	55:14	45:14	+ 3:14	58	Lindsay Crew	38:11	5
59	Simon Pike	29:30	22:30	55:49	33:19	+ 3:49	59	Denise Pozorski	38:37	5
60	Jill Davis	50:00	02:00	55:58	53:58	+ 3:58	60	Craig Royston	39:57	5
61	Geoff Dimelow	40:45	11:15	58:43	47:28	+ 6:43	61	Kate Booth	40:17	5
62	Nick Whittingham	39:15	12:45	58:44	45:59	+ 6:44	62	Peter Cross	40:40	5
63	John Spencer	47:30	04:30	58:47	54:17	+ 6:47	63	John Spencer	43:23	5



# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Race 2 Results

10 October 2017

58 finishers

						WMA times – adjusted for age and sex				
						Time	Points			
		Est	H'cap	Finish	Actual	+/-				
1	Nick Whittingham	40:00	12:00	49:11	37:11	- 2:49	1	Mick Quinn	25:41	25
2	Rachael Mayston	41:15	10:45	49:43	38:58	- 2:17	2	Matthew Robinson	26:36	24
3	Steve Frith	36:45	15:15	49:49	34:34	- 2:11	3	Steve Frith	27:07	23
4	Laura Gill	34:15	17:45	50:19	32:34	- 1:41	4	Alan Knox	27:14	22
5	Shelley Gill	41:45	10:15	50:35	40:20	- 1:25	5	Julie Darigala	27:30	21
6	Duncan Cundy	37:30	14:30	50:37	36:07	- 1:23	6	Richard Mackie	27:33	20
7	Helen Wright	37:15	14:45	50:40	35:55	- 1:20	7	Martin Ball	27:42	19
8	Craig Royston	43:00	09:00	50:45	41:45	- 1:15	8	Chris Deacon	27:57	18
9	Alex Furniss	40:45	11:15	50:52	39:37	- 1:08	9	Laura Gill	28:34	17
10	Daniel Limb	33:00	19:00	50:55	31:55	- 1:05	10	John Howsham	28:35	16
11	Jude Matthews	39:15	12:45	51:04	38:19	- 0:56	11	Mark Riordan	28:54	15
12	Dean Allcroft	36:00	16:00	51:13	35:13	- 0:47	12	Susan Higham	29:10	14
13	Richard Mackie	30:30	21:30	51:37	30:07	- 0:23	13	Peter Claydon	29:17	13
14	Tom Wake	38:00	14:00	51:41	37:41	- 0:19	14	Nick Whittingham	29:27	12
15	Elizabeth Deacon	35:45	16:15	51:46	35:31	- 0:14	15	Wayne Parkinson	29:31	11
16	Geoff Dimelow	47:00	05:00	51:53	46:53	- 0:07	16	Kelvin Bowskill	29:43	10
17	Jonathan Phillips	32:45	19:15	51:56	32:41	- 0:04	17	Jane Cockerton	29:59	9
18	Jane Cockerton	40:15	11:45	51:57	40:12	- 0:03	18	Alison Nockels	30:22	8
19	Andrew Walch	34:45	17:15	51:58	34:43	- 0:02	19	Julie Moxon	30:24	7
20	Mick Quinn	30:15	21:45	51:59	30:14	- 0:01	20	Elizabeth Deacon	30:32	6
21	Nick Thornton	36:15	15:45	52:00	36:15	0:00	21	Simon Pike	30:48	5
22	Stuart Smith	41:30	10:30	52:02	41:32	+ 0:02	22	Jonathan Phillips	31:19	5
23	Peter Claydon	33:15	18:45	52:04	33:19	+ 0:04	23	Helen Wright	31:19	5
24	Julie Darigala	34:15	17:45	52:07	34:22	+ 0:07	24	Brent Lindsay	31:23	5
25	Simon Pike	31:15	20:45	52:15	31:30	+ 0:15	25	Daniel Limb	31:31	5
26	Rebecca Timms	37:15	14:45	52:16	37:31	+ 0:16	26	Sue Hall	31:33	5
27	Matthew Robinson	29:45	22:15	52:16	30:01	+ 0:16	27	Dean Allcroft	31:43	5
28	Julie Moxon	37:15	14:45	52:20	37:35	+ 0:20	28	Paul Fryers	31:55	5
29	Myfanwy Cross	43:00	09:00	52:24	43:24	+ 0:24	29	Matthew Coldwell	32:03	5
30	Matthew Coldwell	33:30	18:30	52:27	33:57	+ 0:27	30	Rachael Mayston	32:08	5
31	Alan Knox	34:15	17:45	52:28	34:43	+ 0:28	31	Ian St Clair	32:08	5
32	Wayne Parkinson	34:15	17:45	52:29	34:44	+ 0:29	32	Nick Wright	32:14	5
33	Ailsa Storey	39:45	12:15	52:32	40:17	+ 0:32	33	Rebecca Timms	32:27	5
34	Michael Walsh	37:30	14:30	52:35	38:05	+ 0:35	34	Dawn Godley	32:38	5
35	Chris Deacon	31:45	20:15	52:35	32:20	+ 0:35	35	Teresa Wall	32:41	5
36	Teresa Wall	46:00	06:00	52:39	46:39	+ 0:39	36	Sarah Halstead	32:46	5
37	John Howsham	32:15	19:45	52:49	33:04	+ 0:49	37	Lisa Hinchliffe	32:55	5
38	Lisa Hinchliffe	38:45	13:15	52:49	39:34	+ 0:49	38	Stuart Smith	33:11	5
39	Ashleigh Bowskill	37:00	15:00	52:51	37:51	+ 0:51	39	Jude Matthews	33:18	5
40	Sue Hall	44:00	08:00	53:01	45:01	+ 1:01	40	Ashleigh Bowskill	33:21	5
41	Nick Wright	34:30	17:30	53:01	35:31	+ 1:01	41	Steve Sanders	33:28	5
42	Mark Riordan	29:45	22:15	53:07	30:52	+ 1:07	42	Andrew Walch	33:31	5
43	Paul Fryers	34:30	17:30	53:14	35:44	+ 1:14	43	Duncan Cundy	33:49	5
44	Martin Ball	29:00	23:00	53:17	30:17	+ 1:17	44	Alex Furniss	34:06	5
45	Susan Higham	45:45	06:15	53:21	47:06	+ 1:21	45	Eleanor Law	34:31	5
46	Steve Dickinson	40:00	12:00	53:23	41:23	+ 1:23	46	Tracy Woodward	34:33	5
47	Sarah Halstead	40:30	11:30	53:24	41:54	+ 1:24	47	Aneurin Hughes	35:00	5

## 58 finishers

						<b>WMA times – adjusted for age and sex</b>				
						<b>Time</b>	<b>Points</b>			
		<b>Est</b>	<b>H'cap</b>	<b>Finish</b>	<b>Actual</b>	<b>+/-</b>				
48	Eleanor Law	41:15	10:45	53:26	42:41	+ 1:26	48	Shelley Gill	35:03	5
49	Alison Nockels	38:45	13:15	53:29	40:14	+ 1:29	49	Ailsa Storey	35:27	5
50	Ian Wragg	41:30	10:30	53:34	43:04	+ 1:34	50	Steve Dickinson	35:46	5
51	Dawn Godley	43:15	08:45	53:35	44:50	+ 1:35	51	Nick Thornton	35:56	5
52	Brent Lindsay	35:45	16:15	53:49	37:34	+ 1:49	52	Ian Wragg	35:58	5
53	Donna Kilpin	48:00	04:00	53:57	49:57	+ 1:57	53	Geoff Dimelow	37:07	5
54	Tracy Woodward	40:45	11:15	53:58	42:43	+ 1:58	54	Michael Walsh	37:14	5
55	Aneurin Hughes	33:00	19:00	54:18	35:18	+ 2:18	55	Tom Wake	37:41	5
56	Ian St Clair	34:00	18:00	54:53	36:53	+ 2:53	56	Myfanwy Cross	38:08	5
57	Steve Sanders	32:45	19:15	55:33	36:18	+ 3:33	57	Craig Royston	39:06	5
58	Kelvin Bowskill	34:30	17:30	55:43	38:13	+ 3:43	58	Donna Kilpin	42:30	5





# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Race 3 Results

### 24 October 2017

56 finishers

						WMA times – adjusted for age and sex				
						Time	Points			
		Est	H'cap	Finish	Actual	+/-				
1	Carl Matthewman	46:15	05:45	47:52	42:07	- 4:08	1	Matthew Robinson	25:33	25
2	John Spencer	52:00	00:00	48:53	48:53	- 3:07	2	Mick Quinn	25:35	24
3	Peter Cross	51:30	00:30	49:12	48:42	- 2:48	3	Steve Storey	26:11	23
4	Kate Booth	45:30	06:30	49:51	43:21	- 2:09	4	Martin Ball	26:20	22
5	Rachael Mayston	39:15	12:45	50:02	37:17	- 1:58	5	Alan Knox	26:26	21
6	Duncan Cundy	36:15	15:45	50:25	34:40	- 1:35	6	Robin Clough	26:30	20
7	Tracy Woodward	41:45	10:15	50:28	40:13	- 1:32	7	Steve Frith	26:50	19
8	Aneurin Hughes	33:30	18:30	50:31	32:01	- 1:29	8	Damian Kilpin	27:03	18
9	Dean Allcroft	36:00	16:00	50:32	34:32	- 1:28	9	Kelvin Bowskill	27:44	17
10	Craig Royston	42:00	10:00	50:47	40:47	- 1:13	10	Julie Darigala	27:58	16
11	Stuart Smith	41:30	10:30	50:55	40:25	- 1:05	11	Jim Bell	28:18	15
12	Steve Storey	33:30	18:30	50:59	32:29	- 1:01	12	John Howsham	28:22	14
13	Colin Porteous	42:00	10:00	51:05	41:05	- 0:55	13	Wayne Parkinson	28:52	13
14	Matthew Robinson	29:45	22:15	51:06	28:51	- 0:54	14	Richard Mackie	29:05	12
15	Annie Lightowler	45:00	07:00	51:09	44:09	- 0:51	15	Peter Claydon	29:15	11
16	Steve Frith	35:15	16:45	51:16	34:31	- 0:44	16	Julie Moxon	29:43	10
17	Martin Ball	29:30	22:30	51:17	28:47	- 0:43	17	Susan Higham	29:48	9
18	Jim Bell	34:15	17:45	51:20	33:35	- 0:40	18	Nick Whittingham	29:49	8
19	Sue Hall	44:15	07:45	51:25	43:40	- 0:35	19	Jane Cockerton	29:51	7
20	Alan Knox	34:15	17:45	51:26	33:41	- 0:34	20	Jacqueline Armitage	30:08	6
21	Julie Moxon	37:15	14:45	51:30	36:45	- 0:30	21	Megan Button	30:16	5
22	Teresa Wall	46:00	06:00	51:35	45:35	- 0:25	22	Sue Hall	30:36	5
23	Tom Wake	38:00	14:00	51:37	37:37	- 0:23	23	Rachael Mayston	30:45	5
24	Jacqueline Armitage	40:15	11:45	51:40	39:55	- 0:20	24	David Foster	30:59	5
25	Nick Whittingham	38:00	14:00	51:40	37:40	- 0:20	25	Dean Allcroft	31:06	5
26	Wayne Parkinson	34:15	17:45	51:43	33:58	- 0:17	26	Simon Pike	31:23	5
27	Eleanor Law	41:45	10:15	51:45	41:30	- 0:15	27	Nick Wright	31:41	5
28	Jane Cockerton	40:15	11:45	51:46	40:01	- 0:14	28	Aneurin Hughes	31:45	5
29	Shelley Gill	40:30	11:30	51:46	40:16	- 0:14	29	Paul Fryers	31:49	5
30	Mick Quinn	30:15	21:45	51:52	30:07	- 0:08	30	Teresa Wall	31:56	5
31	Robin Clough	29:15	22:45	51:57	29:12	- 0:03	31	Matthew Coldwell	32:15	5
32	Peter Claydon	33:15	18:45	52:02	33:17	+ 0:02	32	Helen Wright	32:17	5
33	Nick Wright	34:45	17:15	52:09	34:54	+ 0:09	33	Stuart Smith	32:18	5
34	Ashleigh Bowskill	37:00	15:00	52:10	37:10	+ 0:10	34	Duncan Cundy	32:28	5
35	Kelvin Bowskill	35:30	16:30	52:10	35:40	+ 0:10	35	Lisa Hinchliffe	32:29	5
36	Seuranie Johnstone	38:30	13:30	52:13	38:43	+ 0:13	36	Tracy Woodward	32:32	5
37	Alex Furniss	39:45	12:15	52:17	40:02	+ 0:17	37	Sarah Halstead	32:39	5
38	Megan Button	34:00	18:00	52:21	34:21	+ 0:21	38	Ashleigh Bowskill	32:44	5
39	David Foster	39:00	13:00	52:29	39:29	+ 0:29	39	Rebecca Timms	32:51	5
40	John Howsham	32:15	19:45	52:34	32:49	+ 0:34	40	Chris Deacon	32:52	5
41	Donna Kilpin	49:00	03:00	52:35	49:35	+ 0:35	41	Eleanor Law	33:34	5
42	Lisa Hinchliffe	38:45	13:15	52:38	39:23	+ 0:38	42	Colin Porteous	34:01	5
43	Matthew Coldwell	33:30	18:30	52:40	34:10	+ 0:40	43	Seuranie Johnstone	34:04	5
44	Julie Darigala	34:15	17:45	52:42	34:57	+ 0:42	44	Alex Furniss	34:28	5
45	Ian Wragg	42:30	09:30	52:45	43:15	+ 0:45	45	Shelley Gill	34:59	5
46	Sarah Halstead	41:00	11:00	52:45	41:45	+ 0:45	46	Annie Lightowler	36:04	5
47	Helen Wright	36:15	15:45	52:46	37:01	+ 0:46	47	Elizabeth Deacon	36:07	5

## 56 finishers

						<b>WMA times – adjusted for age and sex</b>				
		<b>Est</b>	<b>H'cap</b>	<b>Finish</b>	<b>Actual</b>	<b>+/-</b>			<b>Time</b>	<b>Points</b>
48	Damian Kilpin	27:45	24:15	52:29	28:14	+ 0:29	48	Ian Wragg	36:07	5
49	Simon Pike	31:15	20:45	52:51	32:06	+ 0:51	49	Kate Booth	37:30	5
50	Rebecca Timms	37:15	14:45	52:54	38:09	+ 0:54	50	Tom Wake	37:37	5
51	Myfanwy Cross	43:00	09:00	53:01	44:01	+ 1:01	51	Peter Cross	37:52	5
52	Paul Fryers	34:30	17:30	53:08	35:38	+ 1:08	52	Craig Royston	38:12	5
53	Richard Mackie	30:30	21:30	53:17	31:47	+ 1:17	53	Carl Matthewman	38:14	5
54	Susan Higham	45:00	07:00	55:07	48:07	+ 3:07	54	Myfanwy Cross	38:41	5
55	Elizabeth Deacon	35:45	16:15	58:16	42:01	+ 6:16	55	John Spencer	39:04	5
56	Chris Deacon	31:45	20:15	58:17	38:02	+ 6:17	56	Donna Kilpin	42:11	5



# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Race 4 Results

14 November 2017

56 finishers

	Est	H'cap	Finish	Actual	+/-	
1	Colin Porteous	42:00	10:00	50:05	40:05	- 1:55
2	Richard Mackie	31:00	21:00	50:37	29:37	- 1:23
3	Jemma Williams	40:00	12:00	50:43	38:43	- 1:17
4	Andrew Walch	34:45	17:15	50:56	33:41	- 1:04
5	Steve Frith	35:15	16:45	50:59	34:14	- 1:01
6	Rebecca Timms	37:15	14:45	51:10	36:25	- 0:50
7	Sarah Halstead	41:00	11:00	51:12	40:12	- 0:48
8	Shelley Gill	40:30	11:30	51:14	39:44	- 0:46
9	Jacqueline Armitage	40:15	11:45	51:17	39:32	- 0:43
10	Matthew Robinson	29:45	22:15	51:27	29:12	- 0:33
11	Carl Matthewman	42:00	10:00	51:29	41:29	- 0:31
12	Ian St Clair	35:00	17:00	51:36	34:36	- 0:24
13	Rachael Mayston	36:30	15:30	51:38	36:08	- 0:22
14	Peter Claydon	33:15	18:45	51:40	32:55	- 0:20
15	Stuart Smith	40:30	11:30	51:40	40:10	- 0:20
16	Dean Allcroft	34:45	17:15	51:41	34:26	- 0:19
17	Jonathan Phillips	32:45	19:15	51:42	32:27	- 0:18
18	Denise Pozorski	49:30	02:30	51:46	49:16	- 0:14
19	Pete Stanley	38:45	13:15	51:48	38:33	- 0:12
20	Myfanwy Cross	43:30	08:30	51:49	43:19	- 0:11
21	Tracy Woodward	40:30	11:30	51:52	40:22	- 0:08
22	Mick Quinn	30:15	21:45	51:54	30:09	- 0:06
23	Jim Bell	34:15	17:45	51:54	34:09	- 0:06
24	Jane Cockerton	40:15	11:45	52:00	40:15	0:00
25	Simon Pike	31:15	20:45	52:03	31:18	+ 0:03
26	Peter Cross	48:45	03:15	52:06	48:51	+ 0:06
27	David Foster	39:00	13:00	52:08	39:08	+ 0:08
28	Julie Moxon	37:15	14:45	52:09	37:24	+ 0:09
29	Wayne Parkinson	34:15	17:45	52:10	34:25	+ 0:10
30	Annie Lightowler	45:00	07:00	52:12	45:12	+ 0:12
31	Ashleigh Bowskill	37:00	15:00	52:14	37:14	+ 0:14
32	Kelvin Bowskill	35:30	16:30	52:14	35:44	+ 0:14
33	Nick Thornton	36:15	15:45	52:20	36:35	+ 0:20
34	Sue Hall	44:15	07:45	52:21	44:36	+ 0:21
35	John Howsham	32:15	19:45	52:24	32:39	+ 0:24
36	Steve Storey	32:45	19:15	52:37	33:22	+ 0:37
37	John Spencer	49:00	03:00	52:38	49:38	+ 0:38
38	Jonathan Bentley	31:15	20:45	52:39	31:54	+ 0:39
39	Elizabeth Deacon	35:45	16:15	52:40	36:25	+ 0:40
40	Brent Lindsay	36:15	15:45	52:41	36:56	+ 0:41
41	Susan Higham	46:30	05:30	52:42	47:12	+ 0:42
42	Damian Kilpin	27:45	24:15	52:42	28:27	+ 0:42
43	Bill Phillips	34:15	17:45	52:43	34:58	+ 0:43
44	Ian Sutcliffe	39:00	13:00	52:44	39:44	+ 0:44
45	Steve Sanders	33:30	18:30	52:50	34:20	+ 0:50
46	Dawn Godley	43:45	08:15	52:51	44:36	+ 0:51
47	Duncan Cundy	35:00	17:00	52:55	35:55	+ 0:55

WMA times – adjusted for age and sex

	Time	Points	
1	Mick Quinn	25:37	25
2	Matthew Robinson	25:52	24
3	Bill Phillips	26:10	23
4	Steve Frith	26:37	22
5	Steve Storey	26:54	21
6	Richard Mackie	27:06	20
7	Damian Kilpin	27:16	19
8	Kelvin Bowskill	27:47	18
9	John Howsham	28:13	17
10	Jonathan Bentley	28:16	16
11	Chris Deacon	28:18	15
12	Jim Bell	28:46	14
13	Peter Claydon	28:55	13
14	Susan Higham	29:14	12
15	Wayne Parkinson	29:15	11
16	Alan Knox	29:22	10
17	Rachael Mayston	29:48	9
18	Jacqueline Armitage	29:51	8
19	Julie Moxon	29:55	7
20	Jane Cockerton	30:01	6
21	Ian St Clair	30:09	5
22	Simon Pike	30:25	5
23	David Foster	30:42	5
24	Brent Lindsay	30:51	5
25	Dean Allcroft	31:00	5
26	Jonathan Phillips	31:06	5
27	Sue Hall	31:15	5
28	Elizabeth Deacon	31:18	5
29	Rebecca Timms	31:21	5
30	Sarah Halstead	31:26	5
31	Paul Fryers	31:27	5
32	Pete Stanley	31:39	5
33	Steve Sanders	31:40	5
34	Dawn Godley	32:04	5
35	Stuart Smith	32:06	5
36	Andrew Walch	32:31	5
37	Helen Wright	32:35	5
38	Nick Wright	32:37	5
39	Tracy Woodward	32:39	5
40	Ashleigh Bowskill	32:48	5
41	Lisa Hinchliffe	32:55	5
42	Colin Porteous	33:11	5
43	Ian Sutcliffe	33:29	5
44	Duncan Cundy	33:38	5
45	Jemma Williams	33:46	5
46	Shelley Gill	34:31	5
47	Matthew Coldwell	34:43	5

## 56 finishers

						<b>WMA times – adjusted for age and sex</b>				
						<b>Time</b>		<b>Points</b>		
		<b>Est</b>	<b>H'cap</b>	<b>Finish</b>	<b>Actual</b>	<b>+/-</b>				
48	Chris Deacon	31:45	20:15	53:00	32:45	+ 1:00	48	Ailsa Storey	36:05	5
49	Ailsa Storey	40:00	12:00	53:04	41:04	+ 1:04	49	Nick Thornton	36:16	5
50	Helen Wright	36:15	15:45	53:07	37:22	+ 1:07	50	Ian Wragg	36:40	5
51	Lisa Hinchliffe	38:45	13:15	53:10	39:55	+ 1:10	51	Annie Lightowler	36:56	5
52	Nick Wright	34:45	17:15	53:11	35:56	+ 1:11	52	Denise Pozorski	37:11	5
53	Ian Wragg	42:30	09:30	53:24	43:54	+ 1:24	53	Carl Matthewman	37:39	5
54	Paul Fryers	33:45	18:15	53:28	35:13	+ 1:28	54	Peter Cross	37:59	5
55	Alan Knox	34:15	17:45	55:11	37:26	+ 3:11	55	Myfanwy Cross	37:59	5
56	Matthew Coldwell	33:30	18:30	55:17	36:47	+ 3:17	56	John Spencer	39:40	5



# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Race 5 Results

### 5 December 2017

49 finishers

						WMA times – adjusted for age and sex				
						Time	Points			
	Est	H'cap	Finish	Actual	+/-					
1	Stephanie Jones	48:45	03:15	48:48	45:33	- 3:12	1	Steve Frith	26:22	25
2	Rebecca Timms	37:15	14:45	49:25	34:40	- 2:35	2	Alan Knox	26:34	24
3	Julie Darigala	37:15	14:45	49:46	35:01	- 2:14	3	Steve Storey	26:34	23
4	Carl Matthewman	42:00	10:00	50:39	40:39	- 1:21	4	Damian Kilpin	26:39	22
5	Shelley Gill	40:15	11:45	50:45	39:00	- 1:15	5	Richard Mackie	27:06	21
6	Steve Frith	35:00	17:00	50:55	33:55	- 1:05	6	Kelvin Bowskill	27:24	20
7	Rachael Mayston	36:30	15:30	51:12	35:42	- 0:48	7	Bill Phillips	28:00	19
8	Simon Pike	31:15	20:45	51:16	30:31	- 0:44	8	Julie Darigala	28:01	18
9	Craig Royston	41:00	11:00	51:27	40:27	- 0:33	9	Chris Deacon	28:14	17
10	Ian St Clair	35:00	17:00	51:31	34:31	- 0:29	10	Laura Gill	28:32	16
11	Julie Moxon	37:15	14:45	51:32	36:47	- 0:28	11	Wayne Parkinson	29:04	15
12	Damian Kilpin	28:15	23:45	51:34	27:49	- 0:26	12	Julie Moxon	29:26	14
13	Alan Knox	34:15	17:45	51:36	33:51	- 0:24	13	Rachael Mayston	29:27	13
14	Michael Walsh	37:30	14:30	51:42	37:12	- 0:18	14	Simon Pike	29:40	12
15	Dean Allcroft	34:45	17:15	51:43	34:28	- 0:17	15	Rebecca Timms	29:51	11
16	Ashleigh Bowskill	37:00	15:00	51:45	36:45	- 0:15	16	Ian St Clair	30:05	10
17	Kelvin Bowskill	35:30	16:30	51:45	35:15	- 0:15	17	Nick Whittingham	30:51	9
18	Lisa Hinchliffe	39:00	13:00	51:46	38:46	- 0:14	18	Sue Hall	30:51	8
19	Stuart Smith	40:30	11:30	51:47	40:17	- 0:13	19	John Lawcock	30:58	7
20	Tracy Woodward	40:30	11:30	51:48	40:18	- 0:12	20	Dean Allcroft	31:02	6
21	Peter Cross	48:45	03:15	51:49	48:34	- 0:11	21	Jim Bell	31:16	5
22	Richard Mackie	29:45	22:15	51:52	29:37	- 0:08	22	David Foster	31:31	5
23	Helen Wright	36:15	15:45	51:54	36:09	- 0:06	23	Helen Wright	31:31	5
24	Colin Porteous	40:00	12:00	51:56	39:56	- 0:04	24	Daniel Limb	31:56	5
25	Wayne Parkinson	34:15	17:45	51:57	34:12	- 0:03	25	Lisa Hinchliffe	31:58	5
26	Laura Gill	32:30	19:30	52:02	32:32	+ 0:02	26	Brent Lindsay	32:05	5
27	Daniel Limb	32:15	19:45	52:05	32:20	+ 0:05	27	Elizabeth Deacon	32:06	5
28	Steve Storey	32:45	19:15	52:12	32:57	+ 0:12	28	Stuart Smith	32:11	5
29	Chris Deacon	32:15	19:45	52:25	32:40	+ 0:25	29	Ashleigh Bowskill	32:22	5
30	Eleanor Law	41:45	10:15	52:27	42:12	+ 0:27	30	Paul Fryers	32:23	5
31	Sarah Halstead	41:00	11:00	52:29	41:29	+ 0:29	31	Sarah Halstead	32:26	5
32	Myfanwy Cross	43:30	08:30	52:44	44:14	+ 0:44	32	Tracy Woodward	32:36	5
33	Nick Thornton	36:15	15:45	52:51	37:06	+ 0:51	33	Colin Porteous	33:04	5
34	Nick Whittingham	38:00	14:00	52:58	38:58	+ 0:58	34	Matthew Coldwell	33:26	5
35	Matthew Coldwell	34:00	18:00	53:25	35:25	+ 1:25	35	Heather Lindley	33:45	5
36	David Foster	39:00	13:00	53:32	40:32	+ 1:32	36	Shelley Gill	33:53	5
37	Elizabeth Deacon	35:45	16:15	53:35	37:20	+ 1:35	37	Eleanor Law	34:08	5
38	Ian Wragg	43:00	09:00	53:38	44:38	+ 1:38	38	Susan Charlesworth	34:44	5
39	Heather Lindley	43:30	08:30	53:45	45:15	+ 1:45	39	Stephanie Jones	35:12	5
40	Paul Fryers	34:30	17:30	54:03	36:33	+ 2:03	40	Michael Walsh	36:10	5
41	Brent Lindsay	36:15	15:45	54:10	38:25	+ 2:10	41	Pete Stanley	36:23	5
42	Jim Bell	34:15	17:45	54:52	37:07	+ 2:52	42	Nick Thornton	36:47	5
43	Rachel Jarvis	42:15	09:45	54:54	45:09	+ 2:54	43	Rachel Jarvis	36:54	5
44	Sue Hall	41:00	11:00	55:02	44:02	+ 3:02	44	Carl Matthewman	36:54	5
45	Bill Phillips	34:15	17:45	55:10	37:25	+ 3:10	45	Ian Wragg	37:17	5
46	John Lawcock	31:45	20:15	55:29	35:14	+ 3:29	46	Peter Cross	37:45	5
47	Susan Charlesworth	42:00	10:00	56:34	46:34	+ 4:34	47	Craig Royston	37:53	5

49 finishers

		<b>Est</b>	<b>H'cap</b>	<b>Finish</b>	<b>Actual</b>	<b>+/-</b>
48	Pete Stanley	38:45	13:15	57:34	44:19	+ 5:34
49	John Spencer	49:00	03:00	58:20	55:20	+ 6:20

**WMA times – adjusted for age and sex**

		<b>Time</b>	<b>Points</b>
48	Myfanwy Cross	38:48	5
49	John Spencer	44:13	5



# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Race 6 Results

19 December 2017

48 finishers

						WMA times – adjusted for age and sex				
						Time		Points		
		Est	H'cap	Finish	Actual	+/-				
1	Marysia Pozorski	51:00	01:00	48:25	47:25	- 3:35	1	Alan Knox	27:17	25
2	Jonathan Phillips	32:45	19:15	49:41	30:26	- 2:19	2	Laura Gill	27:39	24
3	Daniel Limb	32:15	19:45	50:25	30:40	- 1:35	3	Richard Mackie	27:54	23
4	Dawn Broom	39:00	13:00	50:28	37:28	- 1:32	4	Dawn Broom	28:17	22
5	Craig Royston	41:00	11:00	50:34	39:34	- 1:26	5	Julie Darigala	28:38	21
6	Annie Lightowler	45:00	07:00	50:51	43:51	- 1:09	6	Jonathan Phillips	28:57	20
7	Rebecca Timms	35:15	16:45	50:53	34:08	- 1:07	7	Mark Riordan	29:18	19
8	Colin Porteous	40:00	12:00	50:58	38:58	- 1:02	8	Rebecca Timms	29:23	18
9	Laura Gill	32:30	19:30	51:02	31:32	- 0:58	9	Rachael Mayston	29:26	17
10	Stuart Smith	40:30	11:30	51:06	39:36	- 0:54	10	Jim Bell	29:28	16
11	Tracy Woodward	40:30	11:30	51:10	39:40	- 0:50	11	Julie Moxon	29:38	15
12	Rachael Mayston	36:30	15:30	51:11	35:41	- 0:49	12	Nick Whittingham	29:45	14
13	Carl Matthewman	41:00	11:00	51:12	40:12	- 0:48	13	Simon Pike	29:51	13
14	Peter Cross	48:45	03:15	51:16	48:01	- 0:44	14	David Foster	30:01	12
15	Matthew Coldwell	34:15	17:45	51:17	33:32	- 0:43	15	Daniel Limb	30:09	11
16	David Foster	39:15	12:45	51:22	38:37	- 0:38	16	Brent Lindsay	30:23	10
17	Brent Lindsay	37:00	15:00	51:23	36:23	- 0:37	17	Sue Hall	30:40	9
18	Shaun Swallow	34:45	17:15	51:27	34:12	- 0:33	18	Shaun Swallow	30:48	8
19	Simon Pike	31:15	20:45	51:28	30:43	- 0:32	19	Paul Fryers	30:54	7
20	Ian Wragg	43:30	08:30	51:30	43:00	- 0:30	20	Hope Claydon	31:10	6
21	Pete Stanley	39:30	12:30	51:32	39:02	- 0:28	21	Steve Sanders	31:24	5
22	Nick Whittingham	38:00	14:00	51:34	37:34	- 0:26	22	Stuart Smith	31:39	5
23	Myfanwy Cross	43:45	08:15	51:36	43:21	- 0:24	23	Matthew Coldwell	31:39	5
24	Heather Lindley	45:00	07:00	51:37	44:37	- 0:23	24	Pete Stanley	32:02	5
25	Jim Bell	35:15	16:45	51:44	34:59	- 0:16	25	Wayne Parkinson	32:05	5
26	Julie Moxon	37:15	14:45	51:48	37:03	- 0:12	26	Tracy Woodward	32:05	5
27	Mark Riordan	31:15	20:45	52:02	31:17	+ 0:02	27	Colin Porteous	32:16	5
28	Eleanor Law	41:45	10:15	52:07	41:52	+ 0:07	28	Lisa Hinchliffe	32:17	5
29	Lisa Hinchliffe	39:00	13:00	52:08	39:08	+ 0:08	29	Valentina Wright	32:18	5
30	Paul Fryers	34:45	17:15	52:08	34:53	+ 0:08	30	Peter Claydon	32:23	5
31	Shelley Gill	39:15	12:45	52:11	39:26	+ 0:11	31	Heather Lindley	33:17	5
32	Steve Sanders	34:00	18:00	52:19	34:19	+ 0:19	32	Ashleigh Bowskill	33:19	5
33	Alan Knox	34:15	17:45	52:31	34:46	+ 0:31	33	Eleanor Law	33:52	5
34	Richard Mackie	29:45	22:15	52:45	30:30	+ 0:45	34	Sarah Halstead	34:00	5
35	Sue Hall	43:00	09:00	52:46	43:46	+ 0:46	35	Shelley Gill	34:16	5
36	Ashleigh Bowskill	37:00	15:00	52:49	37:49	+ 0:49	36	Steve Storey	34:27	5
37	Julie Darigala	34:15	17:45	53:32	35:47	+ 1:32	37	Stuart Woodhead	34:32	5
38	Valentina Wright	37:30	14:30	54:26	39:56	+ 2:26	38	Teresa Wall	35:10	5
39	Sarah Halstead	41:00	11:00	54:29	43:29	+ 2:29	39	Ian Wragg	35:36	5
40	Peter Claydon	34:15	17:45	54:36	36:51	+ 2:36	40	Annie Lightowler	35:50	5
41	Hope Claydon	34:15	17:45	54:37	36:52	+ 2:37	41	Carl Matthewman	36:29	5
42	Stuart Woodhead	40:30	11:30	54:43	43:13	+ 2:43	42	Craig Royston	37:03	5
43	Rachel Jarvis	43:30	08:30	55:01	46:31	+ 3:01	43	Peter Cross	37:20	5
44	Wayne Parkinson	34:15	17:45	55:30	37:45	+ 3:30	44	Rachel Jarvis	37:37	5
45	Teresa Wall	46:00	06:00	56:11	50:11	+ 4:11	45	Myfanwy Cross	38:01	5
46	Jude Matthews	39:00	13:00	59:15	46:15	+ 7:15	46	Jude Matthews	40:11	5
47	John Spencer	49:00	03:00	59:58	56:58	+ 7:58	47	Marysia Pozorski	41:46	5

48 finishers

	<b>Est</b>	<b>H'cap</b>	<b>Finish</b>	<b>Actual</b>	<b>+/-</b>
48 Steve Storey	34:45	17:15	59:59	42:44	+ 7:59

**WMA times – adjusted for age and sex**

		<b>Time</b>	<b>Points</b>
48	John Spencer	45:31	5





# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Race 7 Results

9 January 2017

44 finishers

	Est	H'cap	Finish	Actual	+/-	
1	Myfanwy Cross	43:30	08:30	50:00	41:30	- 2:00
2	Jemma Williams	38:45	13:15	50:07	36:52	- 1:53
3	Stuart Smith	39:45	12:15	50:52	38:37	- 1:08
4	Susan Charlesworth	43:30	08:30	50:56	42:26	- 1:04
5	Sarah Halstead	42:00	10:00	51:03	41:03	- 0:57
6	Shelley Gill	39:15	12:45	51:22	38:37	- 0:38
7	Richard Mackie	30:00	22:00	51:25	29:25	- 0:35
8	Stuart Woodhead	40:30	11:30	51:31	40:01	- 0:29
9	Michael Walsh	37:30	14:30	51:51	37:21	- 0:09
10	Sue Hall	43:30	08:30	51:57	43:27	- 0:03
11	Brent Lindsay	37:00	15:00	52:10	37:10	+ 0:10
12	Daniel Limb	30:45	21:15	52:10	30:55	+ 0:10
13	Peter Claydon	33:00	19:00	52:16	33:16	+ 0:16
14	Ashleigh Bowskill	37:00	15:00	52:18	37:18	+ 0:18
15	Kelvin Bowskill	37:00	15:00	52:18	37:18	+ 0:18
16	Matthew Coldwell	33:45	18:15	52:20	34:05	+ 0:20
17	Steve Frith	34:00	18:00	52:21	34:21	+ 0:21
18	Nick Whittingham	37:30	14:30	52:22	37:52	+ 0:22
19	Matthew Robinson	29:15	22:45	52:23	29:38	+ 0:23
20	Damian Kilpin	28:00	24:00	52:24	28:24	+ 0:24
21	Jill Davis	54:00	- 2:00	52:27	54:27	+ 0:27
22	Alan Knox	34:15	17:45	52:31	34:46	+ 0:31
23	Dean Allcroft	34:45	17:15	52:34	35:19	+ 0:34
24	Heather Lindley	45:00	07:00	52:43	45:43	+ 0:43
25	Julie Darigala	45:00	07:00	52:44	45:44	+ 0:44
26	Peter Cross	48:30	03:30	52:48	49:18	+ 0:48
27	Aneurin Hughes	33:00	19:00	52:49	33:49	+ 0:49
28	Elizabeth Deacon	35:45	16:15	52:52	36:37	+ 0:52
29	Lisa Hinchliffe	39:00	13:00	52:54	39:54	+ 0:54
30	Steve Sanders	34:00	18:00	53:05	35:05	+ 1:05
31	Teresa Wall	48:00	04:00	53:16	49:16	+ 1:16
32	Carl Matthewman	41:30	10:30	53:16	42:46	+ 1:16
33	John Spencer	50:00	02:00	53:23	51:23	+ 1:23
34	Tracy Woodward	40:00	12:00	53:32	41:32	+ 1:32
35	Nick Thornton	36:45	15:15	53:33	38:18	+ 1:33
36	Jude Matthews	39:15	12:45	53:42	40:57	+ 1:42
37	Ian St Clair	35:00	17:00	53:45	36:45	+ 1:45
38	Paul Fryers	34:45	17:15	53:52	36:37	+ 1:52
39	Rebecca Timms	34:15	17:45	54:00	36:15	+ 2:00
40	Susan Higham	46:45	05:15	54:05	48:50	+ 2:05
41	Chris Deacon	32:15	19:45	54:19	34:34	+ 2:19
42	Julie Moxon	37:15	14:45	54:29	39:44	+ 2:29
43	Denise Pozorski	49:30	02:30	55:19	52:49	+ 3:19
44	Simon Pike	31:00	21:00	55:58	34:58	+ 3:58

WMA times – adjusted for age and sex

	Time	Points	
1	Matthew Robinson	26:28	25
2	Steve Frith	26:57	24
3	Richard Mackie	27:08	23
4	Damian Kilpin	27:25	22
5	Alan Knox	27:32	21
6	Peter Claydon	29:14	20
7	Kelvin Bowskill	29:16	19
8	Chris Deacon	30:07	18
9	Nick Whittingham	30:16	17
10	Daniel Limb	30:32	16
11	Susan Higham	30:41	15
12	Sue Hall	30:50	14
13	Elizabeth Deacon	30:58	13
14	Stuart Smith	31:08	12
15	Brent Lindsay	31:19	11
16	Rebecca Timms	31:22	10
17	Susan Charlesworth	32:02	9
18	Dean Allcroft	32:03	8
19	Julie Moxon	32:08	7
20	Jemma Williams	32:15	6
21	Stuart Woodhead	32:16	5
22	Ian St Clair	32:18	5
23	Steve Sanders	32:21	5
24	Matthew Coldwell	32:25	5
25	Sarah Halstead	32:28	5
26	Paul Fryers	32:42	5
27	Ashleigh Bowskill	32:51	5
28	Aneurin Hughes	33:08	5
29	Lisa Hinchliffe	33:12	5
30	Shelley Gill	33:40	5
31	Tracy Woodward	33:56	5
32	Simon Pike	34:11	5
33	Heather Lindley	34:31	5
34	Teresa Wall	34:58	5
35	Jill Davis	35:12	5
36	Jude Matthews	35:43	5
37	Myfanwy Cross	36:28	5
38	Michael Walsh	36:31	5
39	Julie Darigala	36:59	5
40	Nick Thornton	38:05	5
41	Peter Cross	38:41	5
42	Carl Matthewman	39:07	5
43	Denise Pozorski	40:21	5
44	John Spencer	41:26	5



# Penistone Footpath Runners & AC

## Winter Handicap 2017/18

### Race 8 Results

23 January 2017

42 finishers

Bold indicates runner qualified for trophy (at least 5 previous races run)

						WMA times – adjusted for age and sex				
						Time	Points			
		Est	H'cap	Finish	Actual	+/-				
1	Andrew Shiel	41:40	10:20	48:30	38:10	- 3:30	1	Matthew Robinson	26:37	25
2	Jill Davis	54:00	- 2:00	51:03	53:03	- 0:57	2	Richard Mackie	27:42	24
<b>3</b>	<b>Shelley Gill</b>	<b>39:50</b>	<b>12:10</b>	<b>51:24</b>	<b>39:14</b>	- <b>0:36</b>	3	Alan Knox	28:24	23
4	Stuart Woodhead	40:30	11:30	51:25	39:55	- 0:35	4	Julie Darigala	28:31	22
<b>5</b>	<b>Sue Hall</b>	<b>43:30</b>	<b>08:30</b>	<b>51:29</b>	<b>42:59</b>	- <b>0:31</b>	5	Barbara Haigh	28:48	21
<b>6</b>	<b>Simon Pike</b>	<b>31:20</b>	<b>20:40</b>	<b>51:35</b>	<b>30:55</b>	- <b>0:25</b>	6	Mark Riordan	29:24	20
7	Rachel Jarvis	45:30	06:30	51:36	45:06	- 0:24	7	Chris Deacon	29:32	19
8	Jude Matthews	40:20	11:40	51:41	40:01	- 0:19	8	Rachael Mayston	29:41	18
9	Barbara Haigh	48:00	04:00	51:53	47:53	- 0:07	9	Simon Pike	30:14	17
<b>10</b>	<b>Stuart Smith</b>	<b>38:50</b>	<b>13:10</b>	<b>51:56</b>	<b>38:46</b>	- <b>0:04</b>	10	Sue Hall	30:30	16
11	Rachael Mayston	35:40	16:20	52:00	35:40	0:00	11	John Howsham	30:35	15
<b>12</b>	<b>Elizabeth Deacon</b>	<b>36:10</b>	<b>15:50</b>	<b>52:04</b>	<b>36:14</b>	+ <b>0:04</b>	12	Elizabeth Deacon	30:38	14
<b>13</b>	<b>Tracy Woodward</b>	<b>40:20</b>	<b>11:40</b>	<b>52:06</b>	<b>40:26</b>	+ <b>0:06</b>	13	Daniel Limb	30:52	13
<b>14</b>	<b>Rebecca Timms</b>	<b>35:30</b>	<b>16:30</b>	<b>52:15</b>	<b>35:45</b>	+ <b>0:15</b>	14	Rebecca Timms	30:56	12
15	Jemma Williams	37:10	14:50	52:16	37:26	+ 0:16	15	Stuart Smith	31:15	11
<b>16</b>	<b>Richard Mackie</b>	<b>29:40</b>	<b>22:20</b>	<b>52:22</b>	<b>30:02</b>	+ <b>0:22</b>	16	Steve Frith	31:19	10
<b>17</b>	<b>Daniel Limb</b>	<b>30:50</b>	<b>21:10</b>	<b>52:25</b>	<b>31:15</b>	+ <b>0:25</b>	17	Jacqueline Armitage	31:48	9
<b>18</b>	<b>Matthew Robinson</b>	<b>29:20</b>	<b>22:40</b>	<b>52:28</b>	<b>29:48</b>	+ <b>0:28</b>	18	Nick Whittingham	32:09	8
<b>19</b>	<b>Matthew Coldwell</b>	<b>34:00</b>	<b>18:00</b>	<b>52:42</b>	<b>34:42</b>	+ <b>0:42</b>	19	Stuart Woodhead	32:11	7
<b>20</b>	<b>Julie Darigala</b>	<b>34:30</b>	<b>17:30</b>	<b>52:45</b>	<b>35:15</b>	+ <b>0:45</b>	20	Jemma Williams	32:45	6
<b>21</b>	<b>Sarah Halstead</b>	<b>41:10</b>	<b>10:50</b>	<b>52:54</b>	<b>42:04</b>	+ <b>0:54</b>	21	Matthew Coldwell	33:00	5
<b>22</b>	<b>Chris Deacon</b>	<b>32:50</b>	<b>19:10</b>	<b>53:03</b>	<b>33:53</b>	+ <b>1:03</b>	22	Tracy Woodward	33:02	5
<b>23</b>	<b>Ashleigh Bowskill</b>	<b>37:10</b>	<b>14:50</b>	<b>53:04</b>	<b>38:14</b>	+ <b>1:04</b>	23	Dean Allcroft	33:03	5
<b>24</b>	<b>Myfanwy Cross</b>	<b>41:40</b>	<b>10:20</b>	<b>53:07</b>	<b>42:47</b>	+ <b>1:07</b>	24	Susan Charlesworth	33:13	5
25	Mark Riordan	29:50	22:10	53:19	31:09	+ 1:19	25	Sarah Halstead	33:16	5
<b>26</b>	<b>Teresa Wall</b>	<b>47:40</b>	<b>04:20</b>	<b>53:26</b>	<b>49:06</b>	+ <b>1:26</b>	26	Helen Wright	33:29	5
27	Jacqueline Armitage	40:10	11:50	53:28	41:38	+ 1:28	27	Ashleigh Bowskill	33:41	5
<b>28</b>	<b>Lisa Hinchliffe</b>	<b>39:30</b>	<b>12:30</b>	<b>53:29</b>	<b>40:59</b>	+ <b>1:29</b>	28	Lisa Hinchliffe	34:06	5
<b>29</b>	<b>Alan Knox</b>	<b>34:20</b>	<b>17:40</b>	<b>53:32</b>	<b>35:52</b>	+ <b>1:32</b>	29	Shelley Gill	34:13	5
<b>30</b>	<b>Dean Allcroft</b>	<b>34:50</b>	<b>17:10</b>	<b>53:35</b>	<b>36:25</b>	+ <b>1:35</b>	30	Jill Davis	34:18	5
<b>31</b>	<b>Peter Cross</b>	<b>48:40</b>	<b>03:20</b>	<b>53:37</b>	<b>50:17</b>	+ <b>1:37</b>	31	Teresa Wall	34:51	5
32	Eleanor Law	41:40	10:20	53:47	43:27	+ 1:47	32	Jude Matthews	34:54	5
<b>33</b>	<b>Helen Wright</b>	<b>36:10</b>	<b>15:50</b>	<b>54:06</b>	<b>38:16</b>	+ <b>2:06</b>	33	Andrew Shiel	34:55	5
<b>34</b>	<b>Carl Matthewman</b>	<b>41:30</b>	<b>10:30</b>	<b>54:08</b>	<b>43:38</b>	+ <b>2:08</b>	34	Paul Fryers	35:00	5
<b>35</b>	<b>Nick Whittingham</b>	<b>37:50</b>	<b>14:10</b>	<b>54:24</b>	<b>40:14</b>	+ <b>2:24</b>	35	Eleanor Law	35:09	5
36	Susan Charlesworth	41:30	10:30	54:30	44:00	+ 2:30	36	Rachel Jarvis	36:51	5
37	John Howsham	32:10	19:50	54:56	35:06	+ 2:56	37	Myfanwy Cross	37:36	5
<b>38</b>	<b>John Spencer</b>	<b>50:30</b>	<b>01:30</b>	<b>55:27</b>	<b>53:57</b>	+ <b>3:27</b>	38	Pete Stanley	38:33	5
<b>39</b>	<b>Paul Fryers</b>	<b>35:20</b>	<b>16:40</b>	<b>55:51</b>	<b>39:11</b>	+ <b>3:51</b>	39	Peter Cross	39:27	5
<b>40</b>	<b>Steve Frith</b>	<b>34:00</b>	<b>18:00</b>	<b>57:55</b>	<b>39:55</b>	+ <b>5:55</b>	40	Carl Matthewman	39:55	5
41	Pete Stanley	39:30	12:30	59:03	46:33	+ 7:03	41	Aneurin Hughes	43:15	5
42	Aneurin Hughes	33:00	19:00	63:09	44:09	+11:09	42	John Spencer	43:30	5