

**LIVINGWELL 10K ROAD RACE**SATURDAY 14<sup>TH</sup> SEPTEMBER 2002

1.	Robert Holladay		Morpeth Harriers	33.18
2.	Mike Burrett		Leeds City A.C.	33.29
3.	Steve Penney		Chesterfield A.C.	34.07
4.	Gerry Daly		Liffey Valley – Ireland	34.08
5.	Edward McGrath		Liffey Valley – Ireland	34.33
6.	Peter Mirrlees	v 40	Rotherham Harriers	34.44
7.	Shaun Dowling		Liffey Valley – Ireland	35.30
8.	Stan Owen	v 45	Salford A.C.	35.36
9.	James Carter		Spennorth & District	36.30
10.	Chris Brogan	v 40	Liffey Valley – Ireland	36.49
11.	Eamon Dolan	v 40	Liffey Valley – Ireland	36.56
12.	Sean James		Sheffield T.C.	37.08
13.	Ryan Barker		Halifax Harriers	37.09
14.	John Comrie		Rotherham Harriers	37.10
15.	Simon Rippon		Barnsley A.C.	37.14
16.	Andrew Shelbourne		Barnsley Harriers	37.21
17.	Kevin Clarke	v 40	Unattached	37.39
18.	Mark Law		Barnsley A.C.	37.41
19.	Larry Callaghan	v 40	Liffey Valley – Ireland	37.43
20.	Sean Butler	v 40	Altrincham & District A.C.	37.52
21.	Richard Ainley	v 45	Hallamshire Harriers	37.55
22.	Simon Roberts		Barnsley A.C.	38.04
23.	David Thompson		One 2 One	38.06
24.	Kevin Mahon		Unattached	38.07
25.	John Plumridge	v 50	Holmfirth Harriers	38.08
26.	Tony Corssley	v 45	East Grinstead & District A.C.	38.13
27.	Richard Oakley		Liffey Valley – Ireland	38.20
28.	Arnud Benejacar		Liffey Valley – Ireland	38.24
29.	Dennis Crossland	v 45	Steel City Striders	38.36
30.	Nat White	v 40	Unattached	38.48
31.	Jed Turner	v 40	City of Sheffield	39.03
32.	Robert Innes	v 50	Penistone Footpath Runners & A.C.	39.05
33.	Richard Bory	v 50	Valley Hill Runners	39.06
34.	Jim Bell	v 40	Denby Dale Travellers	39.14
35.	Roy Hart	v 50	Barnsley A.C.	39.16
36.	Ricky South	v 40	Holmfirth Harriers	39.17
37.	Paul McDomnel		Liffey Valley – Ireland	39.19
38.	Paul Power	v 40	Liffey Valley – Ireland	39.25
39.	Peter Rawnsley	v 50	Skyrac A.C.	39.41
40.	Malcolm Dickinson	v 50	Penistone Footpath Runners & A.C.	39.47
41.	Ruth Clayton	L	Unattached	39.50
42.	Alan Martin		Steel City Striders	39.57
43.	Kelvin Bowskill	v 45	Penistone Footpath Runners & A.C.	40.14
44.	Stuart Woodhead	v 45	Penistone Footpath Runners & A.C.	40.18
45.	Wendy Barnes	L	Barnsley Harriers	40.26
46.	Mick Harris	v 40	Rothwell Harriers	40.36
47.	Stephen Storey	v 45	Penistone Footpath Runners & A.C.	40.37
48.	Lee Morfitt		Penistone Footpath Runners & A.C.	40.38
49.	Kenny Rowe	v 50	Hallamshire Harriers	40.47
50.	Mel Bale	v 45	Penistone Footpath Runners & A.C.	40.49
51.	Neil Dummigan		Unattached	40.57
52.	Michael Collinson	v 45	Denby Dale Travellers	41.11
53.	Keith Bamforth	v 60	Holme Valley A.C.	41.13
54.	Roger Walker	v 55	Holme Valley A.C.	41.14
55.	Kath Drake	L v 40	Spennorth & District A.C.	41.23
56.	Richard Higgins		Unattached	41.29
57.	Ian Charlesworth		Penistone Footpath Runners & A.C.	41.31
58.	Scott Wilson		Barnsley Harriers	41.35
59.	Grendon Wood		Unattached	41.39



60.	David Lindop		v 45	Penistone Footpath Runners & A.C.	41.52
61.	John Hewitt		v 55	Barnsley Harriers	41.58
62.	Richard Hardcastle		v 55	Longwood Harriers	42.02
63.	Dann Brook			Barnsley Harriers	42.09
64.	Gerry O'Reilly		v 40	Liffey Valley – Ireland	42.15
65.	Matthew Taylor			Penistone Footpath Runners & A.C.	42.24
66.	Nick Whittingham		v 45	Penistone Footpath Runners & A.C.	42.26
67.	Jonathon Wolff			Unattached	42.34
68.	Martin Simpson		v 45	Unattached	42.38
69.	Martin Hall		v 40	Unattached	42.41
70.	David Needham		v 55	Hallamshire Harriers	42.42
71.	Martyn Goodwin		v 40	Penistone Footpath Runners & A.C.	42.47
72.	Kevin Yewlett		v 45	Holme Valley R.C.	42.49
73.	Jane Shelmerdine	L	v 35	Knavesmire	42.58
74.	Damian Punt			Unattached	43.10
75.	Kenneth Chapman		v 60	Kimberworth Striders	43.16
76.	Nick Cable			One 2 One	43.28
77.	Ian Wragg		v 40	Penistone Footpath Runners & A.C.	43.29
78.	Carol Willgoose	L	v 40	Halifax Harriers	43.41
79.	Bryan English			Dark Peak Fell Runners	43.43
80.	Martin O'Calaghan		v 45	Liffey Valley – Ireland	43.47
81.	Richard Walker			Unattached	44.00
82.	David Foster		v 45	Penistone Footpath Runners & A.C.	44.05
83.	Trevor Bailey		v 50	Rockingham A.C.	44.05
84.	Michael Horsefall		v 50	Denby Dale Travellers	44.08
85.	David Griffin		v 40	Penistone Footpath Runners & A.C.	44.09
86.	A.N.Other				44.15
87.	Maurice Hopkinson		v 60	Northern Vets A.C.	44.17
88.	Phil Gibbs			RunningWell/LivingWell Barnsley	44.22
89.	Andy Lakeland			Unattached	44.26
90.	Nick Brookes			Unattached	44.27
91.	Billy Harris			Unattached	44.30
92.	Liam McCarthy			Liffey Valley – Ireland	44.39
93.	Debby Farrington	L	v 40	Rothwell Harriers	44.41
94.	Mick Derrick		v 45	Steel City Striders	44.42
95.	David Carter		v 40	Spensborough & District A.C.	44.43
96.	Martyn Cartwright		v 55	Penistone Footpath Runners & A.C.	44.52
97.	Chris Charlesworth			Penistone Footpath Runners & A.C.	45.08
98.	Chris Drake		v 55	Spensborough & District A.C.	45.14
99.	Richard Wade			Holmfirth Harriers	45.15
100.	Reg Bestwick		v 45	Worksop Harriers	45.16
101.	Emer Dudley	L	v 35	Unattached	45.17
102.	Iain Rawlins			RunningWell/LivingWell Barnsley	45.19
103.	Kevin Smith		v 40	Stockport Harriers	45.24
104.	Danny Batty		v 55	Penistone Footpath Runners & A.C.	45.25
105.	Mark Preston			Stainland Lions	45.26
106.	Alan Brown		v 45	Barnsley A.C.	45.32
107.	David Steward			Unattached	45.38
108.	Damian Hawkshaw			Unattached	45.44
109.	Eugene Rybinski		v 50	Unattached	45.55
110.	John Rowe			Penistone Footpath Runners & A.C.	45.57
111.	Andrew Waters		v 40	Barnsley A.C.	46.07
112.	Roger Bedford		v 40	Unattached	46.12
113.	Mark Bishop			Penistone Footpath Runners & A.C.	46.20
114.	Tim Wade		v 45	One 2 One	46.30
115.	Frank Novell		v 40	Liffey Valley – Ireland	46.33
116.	Raymond Brown		v 60	Penistone Footpath Runners & A.C.	46.37
117.	Dave Keeling			Clowne Road Runners	46.40
118.	Dominic Manuel		v 45	Unattached	46.42
119.	Alan Hutchinson		v 40	Holme Valley A.C.	46.47
120.	David Cooper		v 45	Unattached	46.48
121.	Nicky Spinks	L	v 35	Unattached	46.49
122.	Jackie Welbourne	L	v 55	Penistone Footpath Runners & A.C.	46.54
123.	Miho Hasegawa	L	v 35	Soyanka – Japan	47.06
124.	Shaun Logan		v 45	Barnsley Harriers	47.14
125.	Richard Kent		v 45	Penistone Footpath Runners & A.C.	47.26



127.	Malcolm Nokes		v 50	Unattached	47.37
128.	Patsy Fenelon	L	v 50	Goole Viking Striders	47.38
129.	Carol Morrell	L	v 35	Barnsley A.C.	47.40
130.	Allan Whittaker			Spensborough & District A.C.	47.44
131.	Barry Sinar		v 60	Ackworth Road Runners	47.45
132.	Philip West		v 50	Baildon Runners	47.53
133.	Steven Bradley		v 40	Road Runners Club	47.57
134.	David L. Trickett		v 55	Hallamshire Harriers	47.58
135.	John Kimberley			One 2 One	47.59
136.	Peter Oates			Unattached	48.07
137.	Simon Scott			Ashford R.R.	48.08
138.	Bill Mansley		v 60	Spectrum Striders	48.12
139.	Mick Johnson		v 55	Unattached	48.13
140.	Stephen Millwood		v 50	Penistone Footpath Runners & A.C.	48.14
141.	Paul Parkin		v 60	Penistone Footpath Runners & A.C.	48.15
142.	Michael Fenelon		v 55	Goole Viking Striders	48.18
143.	Jim Davis		v 50	Liffey Valley – Ireland	48.22
144.	John Downing		v 45	Barnsley A.C.	48.23
145.	Karen Harrison	L	v 40	Worksop Harriers	48.26
146.	Mark Everington		v 55	Unattached	48.28
147.	Malcolm Rhodes		v 50	Rotherham Harriers	48.34
148.	Nigel Taylor			Doncaster & Stainforth	48.35
149.	Sarah Knott	L	v 35	Penistone Footpath Runners & A.C.	49.01
150.	Wayne Parkinson		v 40	Penistone Footpath Runners & A.C.	49.10
151.	Andrew Kirby		v 45	Denby Dale Travellers	49.13
152.	Stacey Jackson	L		Unattached	49.14
153.	Andrew Beaver		v 45	Unattached	49.15
154.	Jane Lee	L	v 45	Barnsley A.C.	49.21
155.	Emma Wolff	L		Unattached	49.23
156.	Ian Rouse		v 45	Unattached	49.31
157.	Donald Bamforth		v 60	Holme Valley A.C.	49.41
158.	Heather Mitchell	L	v 45	West Yorkshire Police	49.46
159.	Johnny Brook		v 40	Unattached	49.58
160.	David Hey		v 45	Unattached	50.05
161.	Richard Kemp		v 60	Penistone Footpath Runners & A.C.	50.08
162.	Barbara Haigh	L	v 55	Penistone Footpath Runners & A.C.	50.10
163.	Nicholas Masterton			Unattached	50.11
164.	Sean McNicholas			Unattached	50.12
165.	Alan Boyd		v 40	Unattached	50.29
166.	Nell Law	L		Penistone Footpath Runners & A.C.	50.42
167.	Pete Andrews		v 55	Denby Dale Travellers	50.43
168.	Sue Kirby	L	v 45	Denby Dale Travellers	50.44
169.	Helen Brown	L		Unattached	50.49
170.	Michelle Millward	L	v 35	Penistone Footpath Runners & A.C.	51.01
171.	James Strachan		v 55	Unattached	51.05
172.	Tim Wootton		v 45	Valley Hill Runners	51.17
173.	Robin Clough			Unattached	51.20
174.	Dan Brock			Unattached	51.27
175.	Vivion Padden		v 55	Unattached	51.30
176.	Heath Ramsden			Unattached	51.35
177.	Gill Wolff	L	v 55	Penistone Footpath Runners & A.C.	51.44
178.	Gill Pomfret	L	v 35	Unattached	51.51
179.	Jim Adams		v 55	Valley Hill Runners	51.56
180.	Ann Cherry	L	v 45	East Cheshire Harriers	52.03
181.	Peter Howard		v 65	Leeds/Bradford Tri Club	52.11
182.	Marilyn Greenwood	L	v 50	Stainland Lions	52.12
183.	Jane Cockerton	L	v 35	Penistone Footpath Runners & A.C.	52.14
184.	Malcolm Bolton		v 40	Unattached	52.15
185.	John Barrett			RunningWell/LivingWell, Barnsley	52.16
186.	Corinne Whittaker	L		RunningWell/LivingWell, Barnsley	52.18
187.	Julie Blowers	L		Unattached	52.52
188.	Louise Bardsley	L		Unattached	52.52
189.	Stuart Anderson		v 65	Wakefield Harriers & A.C.	52.56
190.	Norman Cole		v 65	Penistone Footpath Runners & A.C.	53.38
191.	Judith Webb	L	v 35	Trail Runners Association	53.39
192.	David Latham		v 40	Unattached	53.55

194.	William Smith		v 45	Retford A.C.	54.35
195.	Godfrey Tallents		v 55	Retford A.C.	54.36
196.	Peter Kenny			Unattached	54.38
197.	Stephen Clancy			Unattached	54.39
198.	Josephine Clancy	L	v 35	Unattached	54.40
199.	Sue Shorthouse	L	v 35	Unattached	54.41
200.	Rod Rivers		v 50	Valley Hill Runners	54.45
201.	Tim Rutter		v 40	Unattached	54.49
202.	Derek Smith		v 50	Penistone Footpath Runners & A.C.	54.53
203.	Malcolm Kendall		v 60	Barnsley A.C.	55.02
204.	Graham Benton		v 45	Maltby Running Club	55.20
205.	Alan Smith			RunningWell/LivingWell Barnsley	55.36
206.	Owen Gleadall		v 55	Barnsley Harriers	55.54
207.	Jo Hewitt-Hadfield	L		Barnsley Harriers	56.02
208.	Jill Davis	L	v 50	Penistone Footpath Runners & A.C.	56.08
209.	Vickie Gleadall	L	v 55	Barnsley Harriers	56.12
210.	Jane Foster	L	v 50	Penistone Footpath Runners & A.C.	56.13
211.	Chris Dempster		v 40	Unattached	56.14
212.	Jerry Fisher			RunningWell/LivingWell Barnsley	56.22
213.	Gary Carter		v 55	Penistone Footpath Runners & A.C.	56.41
214.	Teresa Wall	L	v 40	Penistone Footpath Runners & A.C.	57.35
215.	Michelle Rawlins	L		RunningWell/Livingell Barnsley	57.37
216.	Amanda Bennett	L		RunningWell/LivingWell Barnsley	57.38
217.	Barry Keightley		v 60	Northern Vets A.C.	58.07
218.	Geoffrey Bean		v 55	East Cheshire Harriers	58.31
219.	Cecil Wagstaff		v 70	East Cheshire Harriers	59.19
220.	Sarah Nixon	L		RunningWell/LivingWell Barnsley	60.45
221.	Debbie Ellis	L	v 40	Unattached	60.46
222.	Sandra Brown	L	v 45	Barnsley A.C.	61.37
223.	Lorraine Gummerson	L	v 40	Denby Dale Travellers	62.05
224.	Kathryn Pogson	L		Unattached	62.12
225.	Colette Leetham	L	v 40	Goole Viking Striders	62.38
226.	Raymond Smith		v 40	Goole Viking Striders	62.39
227.	Jean Gough	L	v 40	Barnsley A.C.	64.49



### Mens Team

1.	Liffe Valley	- Gerry Daly	4	
		Edward McGrath	5	
		Shaun Dowling	6	
				15 pts
2.	Liffe Valley	- Richard Oakley	17	
		Arnud Benejacar	18	
		Paul McDonmnel	19	
				54 pts

### Mens Vet Team

1.	Liffe Valley	- Chris Brogan	3	
		Eamon Dolan	4	
		Larry Callaghan	6	
				13 pts
2.	Penistone	- Bob Innes	14	
		Malcolm Dickinson	21	
		Kelvin Bowskill	22	
				57 pts

### Womens Team

1.	Penistone	- Jackie Welbourn	9	
		Sarah Knott	14	
		Barbara Haigh	19	
				42 pts
2.	Penistone	- Nell Law	20	
		Michelle Millward	23	
		Gillian Wolff	24	
				67 pts

Penistone Footpath Runners & AC would like to thank LivingWell Barnsley Premier, Dearne FM and Penistone Electrical and Mechanical Services Ltd for sponsoring the race. Thanks also to Penistone Agricultural Society, Fielding Construction Penistone Police and members and friends of PFR & AC for helping to promote the event.

Thankyou for running.

Hope to see you next year, same time, same place, on

SATURDAY 13TH SEPTEMBER