



Championship 2012

Last update: 31/12/2012



Programme of races

- ✓ **1** Tigger Tor
- ✓ **7** Crowden Horseshoe
- ✓ **2** Wombwell 5
- ✓ **8** Cinnamon Lodge
- ✓ **3** Retford Half Marathon
- ✓ **9** Chesterfield Spire 10
- ✓ **4** First Silkstone Shuffle
- ✓ **10** Stannage Struggle
- ✓ **5** Castleton Fell Race
- ✓ **11** Last Silkstone Shuffle
- ✓ **6** Oughtibridge Chase
- ✓ **12** Denby Dale Travellers 6

January							February							March							April							May							June						
M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su
						1			1	2	3	4	5				1	2	3	4							1		1	2	3	4	5	6					1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
9	10	11	12	13	14	15	13	14	15	16	17	18	19	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
16	17	18	19	20	21	22	20	21	22	23	24	25	26	19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
23	24	25	26	27	28	29	27	28	29					26	27	28	29	30	31	23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30		
30	31																				30																				

July							August							September							October							November							December						
M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su
						1			1	2	3	4	5						1	2	1	2	3	4	5	6	7				1	2	3	4					1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
9	10	11	12	13	14	15	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
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23	24	25	26	27	28	29	27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
30	31																																		31						

See you at

Training evenings

Tuesdays at 6:30pm

Penistone Church Football Club

Best wishes to all our readers!

Championship 2012

- 12 championship races
- 97 runners have finished 349 times
- 328 hours, 6 minutes & 18 seconds
- 11841 championship points

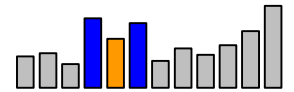
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Championship
2012

Individual race results

Races 4 - 6



CrossCountry 1 (31/3/2012)

First Silkstone Shuffle

1	Steve Worthington	Lancaster & M	26:01			
	Name	Cat	PFR	Pts	Time	
8	Daniel Hague	M	1	50	27:37	106%
12	Martin Booth	M45	2	49	29:00	111%
14	Gary Dean	M40	3	48	29:13	112%
16	Shaun Walker	M40	4	47	29:22	113%
18	Matthew Marsh	M	5	46	29:40	114%
19	Mark Law	M45	6	45	29:50	115%
26	John Howsham	M45	7	44	30:28	117%
34	Michael Raynor	M	8	43	31:33	121%
35	Emma Wolff	L35	9	42	31:34	121%
36	Robin Clough	M40	10	41	31:37	122%
41	Martin Goddard	M45	11	40	32:07	123%
48	Alan Knox	M55	12	39	32:48	126%
49	Stuart Woodhead	M55	13	38	32:59	127%
53	Steve Dickinson	M45	14	37	33:10	127%
54	Peter Knight	M35	15	36	33:12	128%
57	Martyn Goodwin	M50	16	35	33:34	129%
64	Heather Parkin	L35	17	34	33:55	130%
66	Dave Foster	M55	18	33	34:11	131%
71	Geoff Dimelow	M55	19	32	34:23	132%
75	Mark Riordan	M35	20	31	34:42	133%
79	Tim Mullett	M35	21	30	35:00	135%
81	Colin Porteous	M50	22	29	35:13	135%
82	Wayne Blackburn	M40	23	28	35:14	135%
89	Ian Wragg	M50	24	27	35:37	137%
91	Dean Allcroft	M40	25	26	35:44	137%
92	Katy Davis	L35	26	25	35:47	138%
94	Craig Birchall	M35	27	24	35:59	138%
97	Sarah Sykes	L40	28	23	36:24	140%
101	Sue Charlesworth	L45	29	22	37:19	143%
106	Sarah Mann	L45	30	21	37:55	146%
117	Andrea Henson	L40	31	20	39:48	153%
121	Martyn Cartwright	M65	32	19	40:07	154%
127	Sue Higham	L60	33	18	41:23	159%
131	Joanne Walton	L35	34	17	41:46	161%
132	Sue Field	L45	35	16	41:55	161%
142	Denise Pozorski	L45	36	15	43:25	167%
145	Nell Law	L40	37	14	43:50	168%
151	Jill Davis	L60	38	13	44:42	172%
157	Karen Schofield	L45	39	12	45:30	175%
158	Rianna Armitage	L	40	11	46:25	178%
159	Alan Pogorzelec	M35	41	10	47:40	183%
161	John Spencer	M55	42	9	48:05	185%
165	Jane Foster	L55	43	8	52:46	203%
166	Annie Lightowler	L40	44	7	52:56	203%

Fell 2 (8/6/2012)

Castleton Fell Race

1	John Heneghan	Pudsey+B	43:43			
	Name	Cat	PFR	Pts	Time	
10	Andrew Swift	M	1	50	49:16	113%
26	Mick Quinn	M45	2	49	52:33	120%
40	Matthew Marsh	M	3	48	54:09	124%
72	Pete Stanley	M50	4	47	58:09	133%
77	Martin Cooper	M40	5	46	58:44	134%
81	Martin Booth	M45	6	45	58:55	135%
87	John Howsham	M45	7	44	59:28	136%
96	Martyn Goodwin	M50	8	43	60:18	138%
99	Michael Raynor	M	9	42	60:51	139%
105	Gary Dean	M40	10	41	62:12	142%
114	Alan Knox	M55	11	40	63:38	146%
119	Brent Lindsay	M50	12	39	65:06	149%
130	Dave Foster	M55	13	38	65:53	151%
133	Wayne Parkinson	M45	14	37	66:24	152%
134	Nick Whittingham	M55	15	36	66:26	152%
137	Geoff Dimelow	M55	16	35	66:52	153%
152	Stuart Woodhead	M55	17	34	69:29	159%
159	Mark Riordan	M35	18	33	70:00	160%
165	Colin Porteous	M50	19	32	70:25	161%
166	Keith Gordon	M60	20	31	70:33	161%
169	Ian Wragg	M50	21	30	71:34	164%
187	Dean Allcroft	M40	22	29	75:13	172%
188	Barbara Haigh	L65	23	28	75:38	173%
189	Sarah Mann	L45	24	27	75:40	173%
190	Paul Griffiths	M50	25	26	75:41	173%
196	Jane Cockerton	L45	26	25	77:41	178%
200	Bob Innes	M60	27	24	82:22	188%
202	Lisa Taylor	L	28	23	89:15	204%
203	Sue Higham	L60	29	22	89:41	205%
207	Annie Lightowler	L40	30	21	97:27	223%
208	Jackie Armitage	L45	31	20	99:19	227%

CrossCountry 2 (20/6/2012)

Oughtibridge Chase

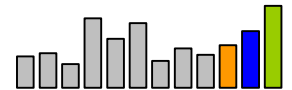
1	Andrew Swift	Penistone	22:03			
	Name	Cat	PFR	Pts	Time	
1	Andrew Swift	M	1	50	22:03	100%
3	Richard Mackie	M40	2	49	24:32	111%
4	Steve Storey	M55	3	48	24:35	111%
5	Martin Booth	M45	4	47	24:37	112%
6	Phil Hinchliffe	M40	5	46	24:45	112%
7	Matthew Marsh	M	6	45	24:51	113%
9	Gary Dean	M40	7	44	25:01	113%
13	Michael Raynor	M	8	43	26:32	120%
14	Ian Charlesworth	M45	9	42	26:32	120%
15	John Howsham	M45	10	41	26:41	121%
16	Steve Sanders	M40	11	40	27:10	123%
18	Martyn Goodwin	M50	12	39	27:31	125%
19	Martin Goddard	M45	13	38	27:40	125%
21	Alan Knox	M55	14	37	27:51	126%
22	Paul Gee	M45	15	36	27:55	127%
23	Wayne Parkinson	M45	16	35	28:30	129%
24	Mark Riordan	M35	17	34	28:41	130%
26	Stuart Woodhead	M55	18	33	28:47	131%
27	Brent Lindsay	M50	19	32	28:55	131%
29	Dave Foster	M55	20	31	29:14	133%
30	Nick Whittingham	M55	21	30	29:39	134%
31	Nick Cable	M40	22	29	29:54	136%
32	Geoff Dimelow	M55	23	28	29:59	136%
33	Ian Wragg	M50	24	27	30:28	138%
36	Bob Innes	M60	25	26	30:35	139%
37	Sarah Sykes	L40	26	25	30:35	139%
38	Dean Allcroft	M40	27	24	30:36	139%
40	Lisa Hinchliffe	L35	28	23	31:27	143%
43	Brett Barraclough	M40	29	22	32:21	147%
44	Sue Charlesworth	L45	30	21	32:29	147%
45	Jane Cockerton	L45	31	20	32:40	148%
46	Andrea Henson	L40	32	19	33:44	153%
48	Lisa Taylor	L	33	18	34:30	156%
50	Jackie Armitage	L45	34	17	34:36	157%
52	Sue Higham	L60	35	16	35:36	161%
56	Sophie Pogorzelec	L	36	15	38:24	174%
57	Anne Smythe	L60	37	14	38:27	174%
60	Alan Pogorzelec	M35	38	13	39:39	180%
61	Jill Davis	L60	39	12	39:46	180%
62	Annie Lightowler	L40	40	11	40:01	181%
63	Jane Foster	L55	41	10	45:54	208%



Championship
2012

Individual race results

Races 10 - 12



Fell 4 (23/9/2012)

Stannage Struggle

1	Stuart Bond	Dark Peak	38:36			
	Name	Cat	PFR	Pts	Time	
5	Andrew Swift	M	1	50	40:45	106%
34	Mick Quinn	M45	2	49	45:26	118%
38	Damian Kilpin	M	3	48	46:03	119%
47	Matthew Marsh	M	4	47	46:59	122%
69	Martin Booth	M45	5	46	48:26	125%
92	Pete Stanley	M50	6	45	50:12	130%
99	John Howsham	M45	7	44	50:35	131%
133	Brian Bradder	M	8	43	52:22	136%
144	Michael Raynor	M	9	42	53:05	138%
150	Gary Dean	M40	10	41	53:42	139%
168	Paul Gee	M45	11	40	54:41	142%
183	Steve Dickinson	M45	12	39	55:34	144%
193	Dave Foster	M55	13	38	56:18	146%
196	Stuart Woodhead	M55	14	37	56:29	146%
220	Geoff Dimelow	M55	15	36	57:25	149%
235	Michael Walsh	M	16	35	58:08	151%
237	Nick Whittingham	M55	17	34	58:14	151%
239	Mark Riordan	M35	18	33	58:35	152%
259	Sarah Sykes	L40	19	32	60:07	156%
270	Dean Allcroft	M40	20	31	61:18	159%
279	Dave Needham	M60	21	30	62:21	162%
282	Barbara Haigh	L65	22	29	62:27	162%
283	Megan Button	L	23	28	62:28	162%
312	Rebecca Cheetham	L	24	27	65:47	170%
332	Sue Higham	L60	25	26	69:45	181%
342	Annie Lightowler	L40	26	25	73:52	191%
344	Jackie Armitage	L45	27	24	75:04	194%

CrossCountry 4 (1/12/2012)

Last Silkstone Shuffle

1	Steve Worthington	Lancaster/More.	27:01			
	Name	Cat	PFR	Pts	Time	
3	Andrew Swift	M	1	50	27:51	103%
8	Lee Storey	M	2	49	29:32	109%
15	Matthew Marsh	M	3	48	30:08	112%
17	Richard Mackie	M40	4	47	30:12	112%
22	Robin Clough	M40	5	46	30:52	114%
24	Martin Booth	M45	6	45	30:59	115%
26	Mark Law	M45	7	44	31:06	115%
27	Gary Dean	M40	8	43	31:08	115%
28	Steve Storey	M55	9	42	31:13	116%
33	Ian Charlesworth	M45	10	41	31:30	117%
39	Shaun Walker	M40	11	40	32:14	119%
50	Pete Stanley	M50	12	39	33:25	124%
53	Steve Dickinson	M45	13	38	33:39	125%
56	Michael Raynor	M	14	37	34:03	126%
62	Alan Knox	M55	15	36	34:27	128%
64	Chris Deacon	M45	16	35	34:35	128%
68	Mark Riordan	M35	17	34	35:21	131%
71	Geoff Dimelow	M55	18	33	35:51	133%
73	Dave Foster	M55	19	32	35:59	133%
88	Colin Porteous	M50	20	31	38:01	141%
90	Dean Allcroft	M40	21	30	38:21	142%
91	Sarah Sykes	L40	22	29	38:47	144%
95	Keith Gordon	M60	23	28	39:01	144%
100	Dave Needham	M60	24	27	39:21	146%
103	Ian Wragg	M50	25	26	39:42	147%
113	Paul Fryers	M40	26	25	41:06	152%
115	Sarah Clough	L40	27	24	41:37	154%
131	Annie Lightowler	L40	28	23	44:01	163%
134	Sue Higham	L60	29	22	44:21	164%
141	Jackie Armitage	L45	30	21	45:53	170%
142	John Spencer	M55	31	20	46:19	171%
143	Bob Innes	M60	32	19	46:24	172%
144	Jill Davis	L60	33	18	46:56	174%
146	Denise Pozorski	L45	34	17	47:53	177%
152	Jane Foster	L55	35	16	56:20	209%
153	David Horsfall	M70	36	15	61:09	226%

Road 4 (16/12/2012)

Denby Dale Travellers 6

1	Paul Marchant	Rothwell	34:06			
	Name	Cat	PFR	Pts	Time	
2	Andrew Swift	M	1	50	35:32	104%
8	Lee Storey	M	2	49	38:48	114%
10	Gary Dean	M40	3	48	39:58	117%
13	Mark Law	M45	4	47	40:16	118%
14	Martin Booth	M45	5	46	40:20	118%
20	Shaun Walker	M40	6	45	41:51	123%
21	Emma Wolff	L35	7	44	42:14	124%
27	Ian Charlesworth	M45	8	43	43:10	127%
32	John Howsham	M45	9	42	44:01	129%
35	Steve Storey	M55	10	41	44:31	131%
38	Pete Stanley	M50	11	40	44:59	132%
42	Martyn Goodwin	M50	12	39	45:17	133%
43	Michael Raynor	M	13	38	45:19	133%
44	Paul Gee	M45	14	37	45:23	133%
49	Phil Buckley	M50	15	36	45:39	134%
62	Dave Foster	M55	16	35	46:53	137%
64	Matthew Burton	M35	17	34	47:15	139%
67	David Lockwood	M35	18	33	47:36	140%
70	Brent Lindsay	M50	19	32	47:57	141%
71	Mark Riordan	M35	20	31	47:58	141%
74	Nick Whittingham	M55	21	30	48:15	141%
80	Keith Gordon	M60	22	29	48:49	143%
81	Bob Innes	M60	23	28	48:51	143%
83	Stuart Woodhead	M55	24	27	49:02	144%
85	Heather Parkin	L35	25	26	49:04	144%
88	Dean Allcroft	M40	26	25	49:13	144%
93	Sarah Sykes	L40	27	24	49:36	145%
95	Megan Button	L	28	23	49:41	146%
99	Sue Charlesworth	L45	29	22	49:53	146%
100	Dave Needham	M60	30	21	49:56	146%
106	Paul Griffiths	M50	31	20	50:35	148%
108	Colin Porteous	M50	32	19	50:45	149%
115	Julie Moxon	L40	33	18	51:15	150%
117	Katherine Smythe	L	34	17	51:22	151%
129	Ian Wragg	M50	35	16	52:12	153%
132	Sarah Mann	L45	36	15	52:24	154%
134	Geoff Dimelow	M55	37	14	52:41	154%
139	Trish Mellor	L50	38	13	53:23	157%
149	Paul Fryers	M40	39	12	54:42	160%
152	Ray Brown	M70	40	11	55:23	162%
155	Leah Lockwood	L	41	10	55:55	164%
159	Sue Higham	L60	42	9	56:31	166%
161	Barbara Haigh	L65	43	8	56:44	166%
163	Jane Cockerton	L45	44	7	57:19	168%
169	Annie Lightowler	L40	45	6	57:39	169%
170	John Spencer	M55	46	5	57:49	170%
171	Lisa Taylor	L	47	4	57:55	170%
175	Jackie Armitage	L45	48	3	58:41	172%
177	Rob Chitoriski	M55	49	2	59:14	174%
182	Anne Smythe	L60	50	1	59:47	175%

Combing chart of race results

for all 12 races of 2012

Name	Cat	Tigger Tor		Wombwell 5		Retford Half Marathon		First Silkstone Shuffle		Castleton Fell Race		Oughtbridge Chase		Crowden Horseshoe		Cinnamon Lodge		Chesterfield Spire 10		Stannage Struggle		Last Silkstone Shuffle		Denby Dale Travellers 6		Consistency quotient
		Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	
Martin Goddard	M45							40	32:07			38	27:40													
Jill Davis	L60			30	48:20			13	44:42			12	39:46									18	46:56	0	62:08	± 13.5%
Sarah Mann	L45							21	37:55	27	75:40													15	52:24	± 6.2%
Jane Foster	L55			29	54:31			8	52:46			10	45:54									16	56:20			
Heather Parkin	L35							34	33:55															26	49:04	
Megan Button	L																				28	62:28		23	49:41	
Sophie Pogorzelec	L											15	38:24					36	91:40							
Daniel Hague	M							50	27:37																	
Joe Mann	M													49	40:52											
Damian Kilpin	M																				48	46:03				
Trish Mellor	L50													35	123:23									13	53:23	
Paul Griffiths	M50									26	75:41													20	50:35	
Brian Bradder	M																				43	52:22				
Steve Stead	M													41	46:39											
Andrea Henson	L40							20	39:48			19	33:44													
Paul Fryers	M40																					25	41:06	12	54:42	
Daniel Batty	M65			37	39:23																					
Peter Knight	M35							36	33:12																	
Phil Buckley	M50																							36	45:39	
Michael Walsh	M																				35	58:08				
Chris Deacon	M45																					35	34:35			
Emilia Taylor	L			34	42:47																					
Matthew Burton	M35																							34	47:15	
Sarah Halstead	L40	34	112:32																							
David Lockwood	M35																							33	47:36	
Paul Parkin	M65			31	46:47																			0	67:28	
Tim Mullett	M35							30	35:00																	
Nick Cable	M40											29	29:54													
Wayne Blackburn	M40							28	35:14																	
Rebecca Cheetham	L																				27	65:47				
Katy Davis	L35							25	35:47																	
Sarah Clough	L40																					24	41:37			
Alan Pogorzelec	M35							10	47:40			13	39:39													
Lisa Hinchliffe	L35											23	31:27													
Brett Barraclough	M40											22	32:21													
Martyn Cartwright	M65							19	40:07																	
Joanne Walton	L35							17	41:46																	
Katherine Smythe	L																							17	51:22	
Sue Field	L45							16	41:55																	
David Horsfall	M70																					15	61:09			
Anne Smythe	L60											14	38:27												1	59:47
Nell Law	L40							14	43:50																	
Karen Schofield	L45							12	45:30																	
Rianna Armitage	L							11	46:25																	
Ray Brown	M70																							11	55:23	
Leah Lockwood	L																							10	55:55	
Rob Chitoriski	M55																							2	59:14	