



Championship 2011

Last update: 19/12/2011

Programme of races

- ✓ **1** Meltham 10K
- ✓ **2** Wombwell 5
- ✓ **3** Lad's Leap
- ✓ **4** Sheffield Half Marathon
- ✓ **5** Castleton Fell Race
- ✓ **6** Oughtibridge Chase
- ✓ **7** Thurlstone Chase
- ✓ **8** Dennis Stitt Memorial
- ✓ **9** Stanage Struggle
- ✓ **10** SYCCL race 2
- ✓ **11** Silkstone Shuffle
- ✓ **12** Denby Dale Travellers 6

January							February							March							April							May							June						
M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su
					1	2		1	2	3	4	5	6		1	2	3	4	5	6					1	2	3	2	3	4	5	6	7	8			1	2	3	4	5
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10	9	10	11	12	13	14	15	6	7	8	9	10	11	12
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17	16	17	18	19	20	21	22	13	14	15	16	17	18	19
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24	23	24	25	26	27	28	29	20	21	22	23	24	25	26
24	25	26	27	28	29	30	28							28	29	30	31				25	26	27	28	29	30		30	31						27	28	29	30			
31																																									

July							August							September							October							November							December						
M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su
				1	2	3	1	2	3	4	5	6	7				1	2	3	4					1	2		1	2	3	4	5	6				1	2	3	4	
4	5	6	7	8	9	10	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11
11	12	13	14	15	16	17	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18
18	19	20	21	22	23	24	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25
25	26	27	28	29	30	31	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31	
																					31																				

Next race

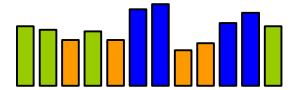
Championship 2011 statistics

- 12 races
- 108 runners
- 408 finishers
- 351 hours, 23 minutes & 35 seconds
- 13287 championship points



Championship
2011

Final championship positions



Road race section					XC race section					Fell race section					Championship & Challenge								
All 4 road races have been completed 26 PFR have done 3+ road races				Best 3	Total for road races	All 4 XC races have been completed 30 PFR have done 3+ XC races				Best 3	Total for XC races	All 4 fell races have been completed 19 PFR have done 3+ fell races				Best 3	Total for fell races	Positions after 12 of 12 championship races 18 PFR have done 8 or more races (2+ per section)			Best 8	Best 8	Total for all races
Name	Cat	↓	↓		Name	Cat	↓	↓		Name	Cat	↓	↓		Name	Cat	↓	↓	↓	↓	↓		
1 Joe Mann	M	150	198		1 Joe Mann	M	150	150		1 Joe Mann	M	150	150		1 Joe Mann	M	2	3	3	400	498		
2 Lee Storey	M	148	148		2 Lee Storey	M	146	146		2 Ian Charlesworth	M45	146	146		2 John Howsham	M45	2	2	4	366	448		
3 Gary Dean	M40	143	143		3 Gary Dean	M40	138	179		3 John Howsham	M45	141	187		3 Paul Gee	M40	4	2	2	348	385		
4 John Howsham	M45	137	175		4 Martin Booth	M45	135	175		4 Brent Lindsay	M50	131	131		4 Alan Knox	M55	3	3	2	328	328		
5 Paul Gee	M40	130	169		5 Mark Law	M45	129	129		5 Michael Raynor	M	127	127		5 Stuart Woodhead	M55	3	2	3	316	457		
5 Phil Buckley	M50	130	130		6 Julie Buckley	L50	126	126		5 Nick Whittingham	M55	127	127		6 Nick Whittingham	M55	3	2	3	312	345		
7 Stuart Woodhead	M55	125	165		7 Paul Gee	M40	122	122		7 Stuart Woodhead	M55	124	163		7 Geoff Dimelow	M55	3	2	3	301	389		
8 Alan Knox	M55	120	120		8 Alan Knox	M55	119	119		8 Dave Foster	M55	121	159		8 Dave Foster	M55	2	2	4	293	352		
9 Keith Gordon	M60	116	152		9 Steve Dickinson	M45	114	114		9 Geoff Dimelow	M55	118	118		9 Keith Gordon	M60	4	2	2	288	322		
9 Nick Whittingham	M55	116	116		10 Phil Buckley	M50	109	109		10 Colin Porteous	M50	113	113		10 Dave Needham	M60	4	2	2	277	355		
11 Geoff Dimelow	M55	113	148		11 Wayne Blackburn	M40	102	102		11 Keith Gordon	M60	110	110		11 Colin Porteous	M50	2	3	3	256	281		
12 Dave Needham	M60	111	143		11 Nick Whittingham	M55	102	102		12 Barbara Haigh	L60	104	134		12 Sue Charlesworth	L45	4	2	2	248	271		
13 Dave Foster	M55	104	104		13 Stuart Woodhead	M55	98	129		13 Bernice Nixon	L55	100	132		13 Craig Birchall	M35	3	3	2	244	244		
14 Craig Birchall	M35	102	102		14 Geoff Dimelow	M55	97	123		14 Dave Needham	M60	99	126		14 Ray Brown	M70	3	2	3	228	260		
15 Ian Wragg	M50	101	131		15 Ian Wragg	M50	91	91		15 Ray Brown	M70	98	98		15 Dean Allcroft	M40	3	2	3	227	269		
16 Sue Charlesworth	L45	95	122		16 Dave Foster	M55	89	89		16 Jane Cockerton	L45	94	94		16 Jackie Hetherington	L40	3	2	3	212	212		
17 Dean Allcroft	M40	93	93		17 Dave Needham	M60	86	86		17 Jackie Hetherington	L40	88	88		17 Sue Higham	L60	3	3	2	181	194		
18 Ray Brown	M70	83	83		18 Sue Charlesworth	L45	82	82		18 Dean Allcroft	M40	82	82		18 Annie Lightowler	L35	3	2	3	164	187		
18 Jackie Hetherington	L40	83	83		19 Colin Porteous	M50	80	105		19 Annie Lightowler	L35	78	78		19 Lee Storey	M					294		
20 Colin Loyns	M40	79	79		20 Craig Birchall	M35	76	76		20 Paul Gee	M40		94		20 Gary Dean	M40					322		
21 Sue Higham	L60	76	76		21 Dean Allcroft	M40	73	94		21 Pete Stanley	M50		92		21 Phil Buckley	M50					239		
22 Annie Lightowler	L35	64	81		22 Ray Brown	M70	64	79		22 Steve Dickinson	M45		90		22 Ian Charlesworth	M45					232		
23 Sophie Pogorzelec	L	63	63		22 Tim Mullett	M35	64	64		23 Alan Knox	M55		89		23 Mark Law	M45					221		
24 Denise Pozorski	L45	60	79		24 Barbara Haigh	L60	59	59		24 Nick Morris	M		88		23 Julie Buckley	L50					221		
25 Paul Parkin	M65	59	59		25 Sue Higham	L60	48	61		25 Tracy Kemp	L35		76		25 Barbara Haigh	L60					221		
26 Jane Foster	L55	51	51		26 Denise Pozorski	L45	39	44		26 Julie Moxon	L40		73		26 Steve Dickinson	M45					204		
27 Simon Roberts	M40		96		27 Jill Davis	L55	34	38		27 Sue Charlesworth	L45		67		27 Ian Wragg	M50					222		
28 Julie Buckley	L50		95		28 Sophie Pogorzelec	L	32	32		28 Craig Birchall	M35		66		28 Richard Mackie	M35					190		
29 Richard Mackie	M35		94		29 Annie Lightowler	L35	28	28		29 Sue Higham	L60		57		29 Tracy Kemp	L35					182		
30 Mark Law	M45		92		30 Caroline Dean	L	25	25		30 Phil Hinchliffe	M35		50		30 Nick Morris	M					177		
31 Nick Morris	M		89		31 Richard Sunman	M40		96		31 Peter Davison	M		49		31 Martin Booth	M45					175		
32 Philip Morris	M		80		32 Jim Bell	M50		89		31 Richard Mackie	M35		49		32 Brent Lindsay	M50					165		
33 Tracy Kemp	L35		63		33 Ian Charlesworth	M45		86		33 Matthew Marsh	M		48		33 Julie Moxon	L40					159		
33 Colin Porteous	M50		63		33 John Howsham	M45		86		33 Philip Morris	M		48		34 Jane Cockerton	L45					157		
35 Julie Moxon	L40		61		35 Emma Wolf	L35		84		35 Martyn Goodwin	M50		43		35 Bernice Nixon	L55					151		
36 Jonathan Wood	M		45		36 Matthew Marsh	M		77		35 Wayne Parkinson	M45		43		36 Bob Innes	M60					128		
37 Martyn Goodwin	M50		43		37 Keith Gordon	M60		60		37 Bob Innes	M60		37		36 Philip Morris	M					128		
37 Emma Wolf	L35		43		38 Bob Innes	M60		59		38 Katy Davis	L35		36		38 Michael Raynor	M					127		
39 Wayne Parkinson	M45		41		39 Sarah Phelan	L35		56		39 Mark Riordan	M35		34		38 Emma Wolf	L35					127		
40 Mark Riordan	M35		39		40 Mike Egner	M55		49		40 Sarah Phelan	L35		32		40 Matthew Marsh	M					125		
41 Ellen Brookes	L35		38		41 Phil Hinchliffe	M35		48		41 Elaine White	L40		30		41 Wayne Parkinson	M45					120		
42 Bob Innes	M60		32		42 Damian Kilpin	M		47		42 Sarah Mann	L40		28		41 Sophie Pogorzelec	L					120		
42 Christopher Tomlinson	M35		32		42 Richard Mackie	M35		47		42 Andrea Henson	L40		28		43 Sarah Phelan	L35					116		
44 Daniel Batty	M65		31		44 Shaun Walker	M40		46		44 Chris Pollard	M45		27		44 Denise Pozorski	L45					123		
45 Emily Grobler	L		30		44 Steve Storey	M50		46		45 James Morris	M		26		45 Mark Riordan	M35					104		
45 Katy Davis	L35		30		46 Martin Cooper	M40		45		46 Sophie Pogorzelec	L		25		46 Wayne Blackburn	M40					102		
47 Sarah Mann	L40		29		47 Andrew Shelbourne	M45		43							47 Phil Hinchliffe	M35					98		
48 Caryl Skene	L50		28		47 Tracy Kemp	L35		43							47 Colin Loyns	M40					98		
48 Barbara Haigh	L60		28		49 Heather Parkin	L35		42							49 Richard Sunman	M40					96		
48 Sarah Phelan	L35		28		50 Jonathan Wood	M		41							49 Simon Roberts	M40					96		

Final championship positions

Road race section				+	XC race section				+	Fell race section				=	Championship & Challenge				
All 4 road races have been completed 26 PFR have done 3+ road races			Best 3	Total for road races	All 4 XC races have been completed 30 PFR have done 3+ XC races			Best 3	Total for XC races	All 4 fell races have been completed 19 PFR have done 3+ fell races			Best 3	Total for fell races	Positions after 12 of 12 championship races 18 PFR have done 8 or more races (2+ per section)		Best 8	Best 8	Total for all races
Name	Cat	↓	↓	Name	Cat	↓	↓	Name	Cat	↓	↓	Name	Cat	↓	↓	Name	Cat	↓	↓
51	Sarah Jones-Morris	L35	27	50	Jackie Hetherington	L40	41					51	Katy Davis	L35	95				
52	Jane Cockerton	L45	26	52	Robin Clough	M40	40					52	Sarah Mann	L40	92				
53	Catherine Dale	L	25	53	Christopher Deacon	M45	39					52	Pete Stanley	M50	92				
54	Michelle Millward	L45	24	53	Joanne Shelbourne	L40	39					54	Jim Bell	M50	89				
55	Anne Smythe	L55	23	55	Andy Green	M40	38					55	Martyn Goodwin	M50	86				
55	Jacqui Armitage	L45	23	56	Jane Cockerton	L45	37					55	Jonathan Wood	M	86				
55	Andrea Henson	L40	23	57	Wayne Parkinson	M45	36					57	Paul Parkin	M65	78				
58	Joanna Wolff	L40	22	58	Sarah Mann	L40	35					58	Jane Foster	L55	74				
59	Nicola Skegg	L45	21	59	Brent Lindsay	M50	34					59	Tim Mullett	M35	64				
59	Gina Grobler	L50	21	60	Nick Cable	M40	32					60	Jill Davis	L55	56				
61	Paul Millward	M45	20	61	Mark Riordan	M35	31					61	Daniel Batty	M65	51				
62	Jill Davis	L55	18	62	Michael Walsh	M	29					61	Andrea Henson	L40	51				
				62	Katy Davis	L35	29					63	Mike Egner	M55	49				
				64	Sarah Clough	L40	28					63	Peter Davison	M	49				
				65	Julie Moxon	L40	25					65	Damian Kilpin	M	47				
				66	Katherine Smythe	L	24					66	Shaun Walker	M40	46				
				67	Trish Mellor	L50	23					66	Steve Storey	M50	46				
				67	Jane Foster	L55	23					66	Elaine White	L40	46				
				69	Clifford Calladine	M60	22					66	Ellen Brookes	L35	46				
				70	Andy Plummer	M55	20					70	Martin Cooper	M40	45				
				70	Daniel Batty	M65	20					71	Chris Pollard	M45	44				
				72	Anne Smythe	L55	19					72	Andrew Shelbourne	M45	43				
				72	Bernice Nixon	L55	19					73	Heather Parkin	L35	42				
				72	Paul Parkin	M65	19					73	Anne Smythe	L55	42				
				72	Colin Loyns	M40	19					75	Robin Clough	M40	40				
				76	Chris Pollard	M45	17					76	Christopher Deacon	M45	39				
				77	Maxine Deacon	L40	16					76	Joanne Shelbourne	L40	39				
				77	Celeste Melton	L45	16					78	Andy Green	M40	38				
				77	Elaine White	L40	16					79	Nick Cable	M40	32				
				80	Martyn Cartwright	M60	15					79	Christopher Tomlinson	M35	32				
				80	David Horsfall	M70	15					81	Emily Grobler	L	30				
				80	Lisa Hinchliffe	L35	15					82	Michael Walsh	M	29				
				83	Tamara Elston	L35	14					83	Sarah Clough	L40	28				
				83	Alison Palmer	L35	14					83	Caryl Skene	L50	28				
				85	Dave Jeffery	M60	11					85	Sarah Jones-Morris	L35	27				
				86	Melissa Stansfield	L35	10					86	James Morris	M	26				
				87	Ellen Brookes	L35	8					87	Caroline Dean	L	25				
				88	Debra Cable	L45	7					87	Catherine Dale	L	25				
												89	Michelle Millward	L45	24				
												89	Katherine Smythe	L	24				
												91	Trish Mellor	L50	23				
												91	Jacqui Armitage	L45	23				
												93	Clifford Calladine	M60	22				
												93	Joanna Wolff	L40	22				
												95	Nicola Skegg	L45	21				
												95	Gina Grobler	L50	21				
												97	Paul Millward	M45	20				
												97	Andy Plummer	M55	20				
												99	Maxine Deacon	L40	16				
												99	Celeste Melton	L45	16				

Final championship positions

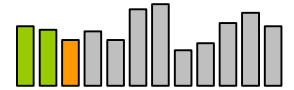
Road race section				XC race section				Fell race section				Championship & Challenge								
All 4 road races have been completed 26 PFR have done 3+ road races			Best 3	Total for road races ↓	All 4 XC races have been completed 30 PFR have done 3+ XC races			Best 3	Total for XC races ↓	All 4 fell races have been completed 19 PFR have done 3+ fell races			Best 3	Total for fell races ↓	Positions after 12 of 12 championship races 18 PFR have done 8 or more races (2+ per section)			Best 8	Best 8	Total for all races ↓
Name	Cat	↓	↓	Name	Cat	↓	↓	Name	Cat	↓	↓	Name	Cat	↓	↓	↓				
												101	Martyn Cartwright	M60			15			
												101	David Horsfall	M70			15			
												101	Lisa Hinchliffe	L35			15			
												104	Tamara Elston	L35			14			
												104	Alison Palmer	L35			14			
												106	Dave Jeffery	M60			11			
												107	Melissa Stansfield	L35			10			
												108	Debra Cable	L45			7			



Championship
2011

Individual race results

Races 1 - 3



Road 1 (30/1/2011)
Meltham 10K

1	Michael Hunt	Trafford AC	35:21			
	Name	Cat	PFR	Pts	Time	
7	Joe Mann	M	1	50	37:35	106%
9	Lee Storey	M	2	49	37:48	107%
21	Richard Mackie	M35	3	48	39:31	112%
25	Julie Buckley	L50	4	47	39:47	113%
30	Gary Dean	M40	5	46	39:59	113%
41	Mark Law	M45	6	45	41:08	116%
57	Nick Morris	M	7	44	42:50	121%
62	Alan Knox	M55	8	43	43:25	123%
79	Phil Buckley	M50	9	42	44:30	126%
83	Philip Morris	M	10	41	44:48	127%
86	Stuart Woodhead	M55	11	40	44:54	127%
96	Paul Gee	M40	12	39	45:58	130%
101	John Howsham	M45	13	38	46:07	130%
107	Nick Whittingham	M55	14	37	46:39	132%
114	Keith Gordon	M60	15	36	47:05	133%
119	Geoff Dimelow	M55	16	35	47:22	134%
131	Dave Foster	M55	17	34	48:04	136%
144	Craig Birchall	M35	18	33	48:47	138%
155	Dave Needham	M60	19	32	49:25	140%
181	Ian Wragg	M50	20	31	50:33	143%
186	Katy Davis	L35	21	30	50:45	144%
202	Sue Charlesworth	L45	22	29	51:35	146%
205	Sarah Phelan	L35	23	28	51:53	147%
219	Colin Loyns	M40	24	27	52:28	148%
225	Dean Allcroft	M40	25	26	52:39	149%
244	Jackie Hetherington	L40	26	25	53:45	152%
251	Ray Brown	M70	27	24	54:25	154%
260	Andrea Henson	L40	28	23	55:08	156%
273	Sue Higham	L60	29	22	55:42	158%
320	Paul Parkin	M65	30	21	60:47	172%
336	Sophie Pogorzelec	L	31	20	63:19	179%
337	Denise Pozorski	L45	32	19	63:32	180%
344	Ellen Brookes	L35	33	18	65:09	184%
351	Annie Lightowler	L35	34	17	67:32	191%
352	Jane Foster	L55	35	16	67:44	192%

Road 2 (20/2/2011)
Wombwell 5

1	Darren Middleton	Barnsley AC	26:05			
	Name	Cat	PFR	Pts	Time	
12	Joe Mann	M	1	50	29:13	112%
18	Gary Dean	M40	2	49	29:46	114%
24	Julie Buckley	L50	3	48	30:17	116%
28	Simon Roberts	M40	4	47	30:32	117%
31	Richard Mackie	M35	5	46	30:56	119%
45	Nick Morris	M	6	45	32:38	125%
53	John Howsham	M45	7	44	33:15	127%
58	Emma Wolff	L35	8	43	33:32	129%
61	Alan Knox	M55	9	42	33:55	130%
65	Stuart Woodhead	M55	10	41	34:08	131%
67	Paul Gee	M40	11	40	34:21	132%
69	Philip Morris	M	12	39	34:34	133%
78	Keith Gordon	M60	13	38	35:10	135%
85	Nick Whittingham	M55	14	37	36:05	138%
86	Geoff Dimelow	M55	15	36	36:12	139%
94	Dave Needham	M60	16	35	36:42	141%
103	Dave Foster	M55	17	34	37:27	144%
106	Ian Wragg	M50	18	33	37:39	144%
108	Colin Porteous	M50	19	32	37:43	145%
118	Daniel Batty	M65	20	31	38:29	148%
120	Sue Charlesworth	L45	21	30	38:42	148%
121	Craig Birchall	M35	22	29	38:48	149%
122	Julie Moxon	L40	23	28	38:56	149%
124	Jackie Hetherington	L40	24	27	39:00	150%
130	Colin Loyns	M40	25	26	39:24	151%
136	Tracy Kemp	L35	26	25	40:02	153%
144	Ray Brown	M70	27	24	41:11	158%
148	Jacqui Armitage	L45	28	23	41:21	159%
174	Joanna Wolff	L40	29	22	44:15	170%
179	Paul Parkin	M65	30	21	44:38	171%
188	Sophie Pogorzelec	L	31	20	46:00	176%
191	Denise Pozorski	L45	32	19	46:46	179%
206	Annie Lightowler	L35	33	18	50:42	194%

Fell 1 (3/4/2011)
Lad's Leap

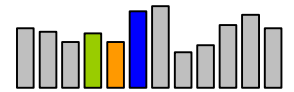
1	Mark Tuckett	Dark Peak	48:03			
	Name	Cat	PFR	Pts	Time	
15	Phil Hincliffe	M35	1	50	55:09	115%
19	Peter Davison	M	2	49	55:49	116%
38	Philip Morris	M	3	48	61:42	128%
44	John Howsham	M45	4	47	62:39	130%
53	Nick Morris	M	5	46	63:49	133%
56	Pete Stanley	M50	6	45	64:48	135%
60	Steve Dickinson	M45	7	44	67:26	140%
61	Nick Whittingham	M55	8	43	67:43	141%
62	Michael Raynor	M	9	42	68:26	142%
67	Geoff Dimelow	M55	10	41	69:20	144%
70	Stuart Woodhead	M55	11	40	70:11	146%
82	Dave Foster	M55	12	39	73:08	152%
83	Tracy Kemp	L35	13	38	73:13	152%
85	Colin Porteous	M50	14	37	74:49	156%
87	Katy Davis	L35	15	36	75:04	156%
90	Ray Brown	M70	16	35	75:45	158%
92	Keith Gordon	M60	17	34	76:07	158%
95	Bernice Nixon	L55	18	33	77:58	162%
96	Barbara Haigh	L60	19	32	78:27	163%
101	Jane Cockerton	L45	20	31	81:14	169%
102	Elaine White	L40	21	30	81:29	170%
105	Jackie Hetherington	L40	22	29	86:33	180%
106	Andrea Henson	L40	23	28	87:24	182%
110	Dave Needham	M60	24	27	93:03	194%
113	James Morris	M	25	26	93:45	195%
114	Dean Allcroft	M40	26	25	95:14	198%
118	Annie Lightowler	L35	27	24	114:14	238%



Championship
2011

Individual race results

Races 4 - 6



Road 3 (8/5/2011)
Sheffield Half Marathon

1	Fergus Meade	Leeds	71:32			
	Name	Cat	PFR	Pts	Time	
23	Lee Storey	M	1	50	80:31	113%
53	Simon Roberts	M40	2	49	83:46	117%
84	Joe Mann	M	3	48	86:25	121%
245	John Howsham	M45	4	47	92:11	129%
270	Paul Gee	M40	5	46	93:06	130%
476	Jonathan Wood	M	6	45	96:38	135%
527	Stuart Woodhead	M55	7	44	98:14	137%
587	Phil Buckley	M50	8	43	99:10	139%
721	Dave Needham	M60	9	42	101:35	142%
805	Keith Gordon	M60	10	41	102:46	144%
1103	Craig Birchall	M35	11	40	105:48	148%
1095	Geoff Dimelow	M55	12	39	106:18	149%
1346	Tracy Kemp	L35	13	38	106:50	149%
1394	Ian Wragg	M50	14	37	108:36	152%
1463	Sue Charlesworth	L45	15	36	109:04	152%
1460	Ray Brown	M70	16	35	109:17	153%
1757	Dean Allcroft	M40	17	34	111:38	156%
1818	Julie Moxon	L40	18	33	112:18	157%
2076	Christopher Tomlinson	M35	19	32	116:17	163%
2278	Jackie Hetherington	L40	20	31	117:19	164%
2251	Emily Grobler	L	21	30	117:35	164%
2356	Sue Higham	L60	22	29	119:10	167%
2810	Caryl Skene	L50	23	28	122:38	171%
2883	Sarah Jones-Morris	L35	24	27	124:27	174%
2919	Colin Loyns	M40	25	26	125:51	176%
3364	Catherine Dale	L	26	25	131:53	184%
3497	Annie Lightowler	L35	27	24	133:55	187%
3502	Sophie Pogorzelec	L	28	23	135:16	189%
3602	Denise Pozorski	L45	29	22	135:25	189%
3603	Gina Grobler	L50	30	21	135:28	189%
3893	Ellen Brookes	L35	31	20	140:38	197%
4298	Jane Foster	L55	32	19	153:05	214%

Fell 2 (3/6/2011)
Castleton Fell Race

1	Stuart Bond	????	42:04			
	Name	Cat	PFR	Pts	Time	
13	Joe Mann	M	1	50	48:53	116%
39	Richard Mackie	M35	2	49	52:16	124%
52	Ian Charlesworth	M45	3	48	54:14	129%
83	Pete Stanley	M50	4	47	57:09	136%
108	John Howsham	M45	5	46	58:14	138%
110	Alan Knox	M55	6	45	58:22	139%
121	Brent Lindsay	M50	7	44	59:39	142%
122	Wayne Parkinson	M45	8	43	59:42	142%
140	Nick Morris	M	9	42	60:58	145%
141	Nick Whittingham	M55	10	41	61:06	145%
157	Michael Raynor	M	11	40	62:20	148%
159	Stuart Woodhead	M55	12	39	62:31	149%
170	Dave Foster	M55	13	38	63:36	151%
184	Keith Gordon	M60	14	37	65:04	155%
187	Colin Porteous	M50	15	36	65:17	155%
192	Geoff Dimelow	M55	16	35	65:32	156%
210	Ray Brown	M70	17	34	67:56	161%
223	Barbara Haigh	L60	18	33	69:33	165%
232	Bernice Nixon	L55	19	32	71:10	169%
235	Sue Charlesworth	L45	20	31	71:30	170%
238	Craig Birchall	M35	21	30	71:52	171%
246	Dave Needham	M60	22	29	72:52	173%
247	Sarah Mann	L40	23	28	73:05	174%
250	Chris Pollard	M45	24	27	73:41	175%
269	Dean Allcroft	M40	25	26	82:07	195%
276	Sophie Pogorzelec	L	26	25	90:01	214%
278	Annie Lightowler	L35	27	24	91:08	217%

CrossCountry 1 (15/6/2011)
Oughtibridge Chase

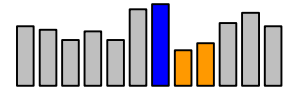
1	Rob Little	Dark Peak	20:58			
	Name	Cat	PFR	Pts	Time	
3	Joe Mann	M	1	50	22:40	108%
5	Lee Storey	M	2	49	23:47	113%
7	Gary Dean	M40	3	48	24:02	115%
11	Richard Mackie	M35	4	47	24:19	116%
14	Julie Buckley	L50	5	46	25:13	120%
16	Jim Bell	M50	6	45	25:26	121%
17	Ian Charlesworth	M45	7	44	25:38	122%
20	Martin Booth	M45	8	43	26:27	126%
21	Paul Gee	M40	9	42	26:30	126%
22	Alan Knox	M55	10	41	26:57	129%
26	Steve Dickinson	M45	11	40	27:10	130%
27	Phil Buckley	M50	12	39	27:12	130%
29	Andy Green	M40	13	38	27:37	132%
32	Bob Innes	M60	14	37	28:21	135%
33	Nick Whittingham	M55	15	36	28:56	138%
34	Wayne Blackburn	M40	16	35	28:59	138%
36	Dave Foster	M55	17	34	29:02	138%
37	Stuart Woodhead	M55	18	33	29:39	141%
38	Ian Wragg	M50	19	32	29:44	142%
39	Keith Gordon	M60	20	31	29:50	142%
40	Craig Birchall	M35	21	30	29:54	143%
42	Katy Davis	L35	22	29	30:04	143%
43	Sarah Phelan	L35	23	28	30:06	144%
46	Geoff Dimelow	M55	24	27	30:56	148%
48	Colin Porteous	M50	25	26	31:08	148%
50	Julie Moxon	L40	26	25	31:20	149%
51	Katherine Smythe	L	27	24	31:25	150%
53	Sue Charlesworth	L45	28	23	31:33	150%
54	Dave Needham	M60	29	22	31:36	151%
55	Dean Allcroft	M40	30	21	31:43	151%
56	Tracy Kemp	L35	31	20	32:09	153%
58	Colin Loyns	M40	32	19	32:30	155%
59	Jane Cockerton	L45	33	18	32:40	156%
60	Chris Pollard	M45	34	17	32:41	156%
61	Elaine White	L40	35	16	33:18	159%
62	Ray Brown	M70	36	15	33:43	161%
63	Alison Palmer	L35	37	14	33:57	162%
66	Sue Higham	L60	38	13	34:51	166%
69	Sophie Pogorzelec	L	39	12	37:08	177%
70	Anne Smythe	L55	40	11	38:29	184%
71	Annie Lightowler	L35	41	10	38:52	185%
72	Denise Pozorski	L45	42	9	39:07	187%
73	Ellen Brookes	L35	43	8	39:43	189%
76	Jill Davis	L55	44	7	41:51	200%
77	Jane Foster	L55	45	6	44:53	214%



Championship
2011

Individual race results

Races 7 - 9



CrossCountry 2 (9/7/2011)
Thurlstone Chase

1	A Swift	Barnsley AC	23:54			
	Name	Cat	PFR	Pts	Time	
5	Joe Mann	M	1	50	25:15	106%
6	Lee Storey	M	2	49	25:36	107%
7	Phil Hinchliffe	M35	3	48	26:07	109%
8	Richard Sunman	M40	4	47	26:33	111%
9	Steve Storey	M50	5	46	26:36	111%
10	Gary Dean	M40	6	45	26:51	112%
12	Julie Buckley	L50	7	44	26:57	113%
13	Andrew Shelbourne	M45	8	43	27:22	115%
18	Ian Charlesworth	M45	9	42	27:42	116%
20	Jonathan Wood	M	10	41	28:13	118%
22	Martin Booth	M45	11	40	28:16	118%
23	Matthew Marsh	M	12	39	28:21	119%
24	Mark Law	M45	13	38	28:22	119%
26	Paul Gee	M40	14	37	28:40	120%
35	Wayne Parkinson	M45	15	36	30:11	126%
37	Phil Buckley	M50	16	35	30:24	127%
42	Brent Lindsay	M50	17	34	30:42	128%
45	Nick Whittingham	M55	18	33	31:27	132%
46	Nick Cable	M40	19	32	31:43	133%
48	Stuart Woodhead	M55	20	31	31:56	134%
49	Dave Foster	M55	21	30	32:02	134%
51	Michael Walsh	M	22	29	32:30	136%
52	Sarah Phelan	L35	23	28	32:32	136%
53	Colin Porteous	M50	24	27	32:49	137%
54	Geoff Dimelow	M55	25	26	33:05	138%
55	Craig Birchall	M35	26	25	33:24	140%
61	Sue Charlesworth	L45	27	24	33:59	142%
62	Tracy Kemp	L35	28	23	34:06	143%
63	Clifford Calladine	M60	29	22	34:21	144%
64	Dean Allcroft	M40	30	21	34:36	145%
65	Andy Plummer	M55	31	20	34:52	146%
66	Bernice Nixon	L55	32	19	35:12	147%
67	Jackie Hetherington	L40	33	18	35:31	149%
69	Ray Brown	M70	34	17	35:49	150%
70	Tim Mullett	M35	35	16	36:01	151%
72	Lisa Hinchliffe	L35	36	15	36:17	152%
73	Sarah Mann	L40	37	14	36:47	154%
74	Sue Higham	L60	38	13	36:59	155%
76	Barbara Haigh	L60	39	12	37:15	156%
78	Dave Jeffery	M60	40	11	37:40	158%
80	Melissa Stansfield	L35	41	10	38:28	161%
84	Sophie Pogorzelec	L	42	9	40:22	169%
86	Anne Smythe	L55	43	8	41:02	172%
87	Debra Cable	L45	44	7	41:20	173%
89	Annie Lightowler	L35	45	6	42:04	176%
91	Denise Pozorski	L45	46	5	42:17	177%
92	Jill Davis	L55	47	4	45:52	192%
94	Caroline Dean	L	48	3	49:22	207%

Fell 3 (18/8/2011)
Dennis Stitt Memorial

1	Nick Swift	Sheffield RC	30:10			
	Name	Cat	PFR	Pts	Time	
2	Joe Mann	M	1	50	31:44	105%
14	Ian Charlesworth	M45	2	49	36:49	122%
23	Paul Gee	M40	3	48	38:18	127%
24	John Howsham	M45	4	47	38:42	128%
31	Steve Dickinson	M45	5	46	39:49	132%
35	Brent Lindsay	M50	6	45	40:37	135%
37	Stuart Woodhead	M55	7	44	41:25	137%
38	Nick Whittingham	M55	8	43	41:52	139%
42	Geoff Dimelow	M55	9	42	43:03	143%
44	Dave Foster	M55	10	41	43:20	144%
47	Colin Porteous	M50	11	40	44:45	148%
49	Barbara Haigh	L60	12	39	45:30	151%
53	Julie Moxon	L40	13	38	46:14	153%
54	Bob Innes	M60	14	37	46:33	154%
55	Craig Birchall	M35	15	36	46:50	155%
58	Jane Cockerton	L45	16	35	47:16	157%
60	Bernice Nixon	L55	17	34	48:10	160%
61	Dave Needham	M60	18	33	48:13	160%
62	Jackie Hetherington	L40	19	32	49:50	165%
64	Sue Higham	L60	20	31	51:43	171%
67	Annie Lightowler	L35	21	30	54:50	182%

Fell 4 (18/9/2011)
Stange Struggle

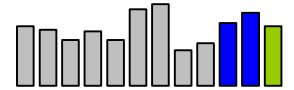
1	Rob Baker	Dark Peak	39:07			
	Name	Cat	PFR	Pts	Time	
15	Joe Mann	M	1	50	43:18	111%
66	Ian Charlesworth	M45	2	49	48:54	125%
87	Matthew Marsh	M	3	48	50:37	129%
92	John Howsham	M45	4	47	51:01	130%
101	Paul Gee	M40	5	46	51:49	132%
103	Michael Raynor	M	6	45	52:11	133%
132	Alan Knox	M55	7	44	53:49	138%
136	Martyn Goodwin	M50	8	43	54:13	139%
148	Brent Lindsay	M50	9	42	55:16	141%
155	Dave Foster	M55	10	41	55:50	143%
197	Stuart Woodhead	M55	11	40	58:35	150%
200	Keith Gordon	M60	12	39	58:41	150%
217	Tracy Kemp	L35	13	38	60:11	154%
232	Dave Needham	M60	14	37	61:12	156%
234	Sue Charlesworth	L45	15	36	61:30	157%
235	Julie Moxon	L40	16	35	61:38	158%
236	Mark Riordan	M35	17	34	61:45	158%
244	Bernice Nixon	L55	18	33	62:25	160%
255	Sarah Phelan	L35	19	32	63:06	161%
256	Dean Allcroft	M40	20	31	63:10	161%
258	Barbara Haigh	L60	21	30	63:20	162%
276	Ray Brown	M70	22	29	64:41	165%
281	Jane Cockerton	L45	23	28	65:13	167%
293	Jackie Hetherington	L40	24	27	67:51	173%
299	Sue Higham	L60	25	26	69:17	177%



Championship
2011

Individual race results

Races 10 - 12



CrossCountry 3 (13/11/2011) SYCCL race 2

1	Andrew Thake	Hallamshire	32:56			
	Name	Cat	PFR	Pts	Time	
55	Martin Booth	M45	1	50	40:00	121%
62	Richard Sunman	M40	2	49	40:38	123%
65	Mark Law	M45	3	48	40:52	124%
20	Emma Wolff	L35	4	47	41:15	125%
87	John Howsham	M45	5	46	42:44	130%
96	Gary dean	M40	6	45	43:31	132%
104	Alan Knox	M55	7	44	44:41	136%
108	Paul Gee	M40	8	43	45:08	137%
40	Heather Parkin	L35	9	42	45:40	139%
116	Steve Dickinson	M45	10	41	45:47	139%
121	Robin Clough	M40	11	40	46:45	142%
44	Joanne Shelbourne	L40	12	39	47:08	143%
133	Geoff Dimelow	M55	13	38	48:04	146%
134	Wayne Blackburn	M40	14	37	48:09	146%
137	Dave Needham	M60	15	36	48:52	148%
52	Sue Charlesworth	L45	16	35	48:57	149%
138	Stuart Woodhead	M55	17	34	49:09	149%
139	Nick Whittingham	M55	18	33	49:16	150%
142	Ian Wragg	M50	19	32	50:32	153%
144	Mark Riordan	M35	20	31	50:45	154%
8	Ray Brown	M70	21	30	51:00	155%
60	Barbara Haigh	L60	22	29	51:17	156%
61	Sarah Clough	L40	23	28	51:23	156%
147	Colin Porteous	M50	24	27	51:43	157%
148	Dean Allcroft	M40	25	26	51:46	157%
149	Dave Foster	M55	26	25	51:53	158%
150	Tim Mullett	M35	27	24	51:56	158%
63	Jackie Hetherington	L40	28	23	52:01	158%
66	Sue Higham	L60	29	22	52:33	160%
153	Craig Birchall	M35	30	21	52:54	161%
80	Denise Pozorski	L45	31	20	57:58	176%
10	Paul Parkin	M65	32	19	59:53	182%
82	Jill Davis	L55	33	18	60:58	185%
88	Jane Foster	L55	34	17	66:51	203%
89	Celeste Melton	L45	35	16	75:54	230%
12	David Horsfall	M70	36	15	77:01	234%
90	Caroline Dean	L	37	14	77:16	235%

CrossCountry 4 (26/11/2011) Silkstone Shuffle

1	Steve Worthington	Lancaster	26:45			
	Name	Cat	PFR	Pts	Time	
2	Joe Mann	M	1	50	26:55	101%
10	Mike Egner	M55	2	49	28:08	105%
11	Lee Storey	M	3	48	28:23	106%
15	Damian Kilpin	M	4	47	28:55	108%
21	Shaun Walker	M40	5	46	29:38	111%
22	Martin Cooper	M40	6	45	29:41	111%
24	Jim Bell	M50	7	44	29:49	111%
25	Mark Law	M45	8	43	29:56	112%
26	Martin Booth	M45	9	42	30:01	112%
28	Gary Dean	M40	10	41	30:10	113%
31	John Howsham	M45	11	40	30:38	115%
46	Christopher Deacon	M45	12	39	31:43	119%
47	Matthew Marsh	M	13	38	31:58	120%
51	Emma Wolff	L35	14	37	32:07	120%
53	Julie Buckley	L50	15	36	32:14	120%
62	Phil Buckley	M50	16	35	33:22	125%
67	Alan Knox	M55	17	34	33:45	126%
68	Steve Dickinson	M45	18	33	33:46	126%
77	Geoff Dimelow	M55	19	32	34:29	129%
83	Stuart Woodhead	M55	20	31	35:03	131%
84	Wayne Blackburn	M40	21	30	35:26	132%
86	Keith Gordon	M60	22	29	35:43	134%
92	Dave Needham	M60	23	28	36:16	136%
93	Ian Wragg	M50	24	27	36:26	136%
101	Dean Allcroft	M40	25	26	36:57	138%
104	Colin Porteous	M50	26	25	37:10	139%
108	Tim Mullett	M35	27	24	37:45	141%
112	Trish Mellor	L50	28	23	37:57	142%
113	Bob Innes	M60	29	22	38:01	142%
117	Sarah Mann	L40	30	21	38:22	143%
120	Daniel Batty	M65	31	20	39:01	146%
128	Jane Cockerton	L45	32	19	40:05	150%
129	Barbara Haigh	L60	33	18	40:10	150%
131	Ray Brown	M70	34	17	40:15	150%
136	Maxine Deacon	L40	35	16	40:41	152%
139	Martyn Cartwright	M60	36	15	41:02	153%
140	Tamara Elston	L35	37	14	41:12	154%
151	Sue Higham	L60	38	13	43:48	164%
154	Annie Lightowler	L35	39	12	43:52	164%
155	Sophie Pogorzelec	L	40	11	43:57	164%
159	Denise Pozorski	L45	41	10	45:41	171%
163	Jill Davis	L55	42	9	47:25	177%
168	Caroline Dean	L	43	8	53:14	199%

Road 4 (18/12/2011) Denby Dale Travellers 6

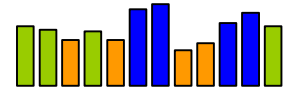
1	David Thompson	Barnsley AC	33:44			
	Name	Cat	PFR	Pts	Time	
3	Joe Mann	M	1	50	36:15	107%
10	Lee Storey	M	2	49	37:56	112%
18	Gary Dean	M40	3	48	40:36	120%
20	Mark Law	M45	4	47	40:57	121%
26	John Howsham	M45	5	46	41:42	124%
44	Phil Buckley	M50	6	45	44:26	132%
50	Paul Gee	M40	7	44	44:55	133%
52	Martyn Goodwin	M50	8	43	45:35	135%
56	Nick Whittingham	M55	9	42	46:00	136%
59	Wayne Parkinson	M45	10	41	46:14	137%
62	Stuart Woodhead	M55	11	40	46:48	139%
65	Mark Riordan	M35	12	39	47:13	140%
69	Geoff Dimelow	M55	13	38	47:45	142%
70	Keith Gordon	M60	14	37	48:02	142%
73	Dave Foster	M55	15	36	48:30	144%
76	Alan Knox	M55	16	35	48:46	145%
79	Dave Needham	M60	17	34	48:56	145%
84	Dean Allcroft	M40	18	33	49:34	147%
92	Bob Innes	M60	19	32	50:26	150%
100	Colin Porteous	M50	20	31	51:32	153%
101	Ian Wragg	M50	21	30	51:50	154%
110	Sarah Mann	L40	22	29	52:46	156%
112	Barbara Haigh	L60	23	28	53:08	158%
121	Sue Charlesworth	L45	24	27	55:24	164%
122	Jane Cockerton	L45	25	26	55:32	165%
130	Sue Higham	L60	26	25	57:11	170%
136	Michelle Millward	L45	27	24	58:04	172%
143	Anne Smythe	L55	28	23	59:27	176%
144	Annie Lightowler	L35	29	22	60:10	178%
151	Nicola Skegg	L45	30	21	61:53	183%
152	Paul Millward	M45	31	20	62:40	186%
155	Denise Pozorski	L45	32	19	62:57	187%
158	Jill Davis	L55	33	18	63:46	189%
159	Paul Parkin	M65	34	17	64:10	190%
167	Jane Foster	L55	35	16	74:50	222%



Championship
2011

Combing chart of race results

for all 12 races of 2011



Consistency quotient

Name	Cat	Meitham 10K		Wombwell 5		Lad's Leap		Sheffield Half Marathon		Castleton Fell Race		Oughtbridge Chase		Thurlstone Chase		Dennis Stitt Memorial		Stanage Struggle		SYCCL race 2		Silkstone Shuffie		Denby Dale Travellers 6		Consistency quotient +/- %			
		PFR	Time	PFR	Time	PFR	Time	PFR	Time	PFR	Time	PFR	Time	PFR	Time	PFR	Time	PFR	Time	PFR	Time	PFR	Time	PFR	Time				
Joe Mann	M	1	37:35	1	29:13			3	86:25	1	48:53	1	22:40	1	25:15	1	31:44	1	43:18			1	26:55	1	36:15	⇒ ⇒ ⇒	+/- 20.2%		
John Howsham	M45	13	46:07	7	33:15	4	62:39	4	92:11	5	58:14					4	38:42	4	51:01	5	42:44	11	30:38	5	41:42	⇒ ⇒ ⇒	+/- 23.9%		
Paul Gee	M40	12	45:58	11	34:21			5	93:06			9	26:30	14	28:40	3	38:18	5	51:49	8	45:08			7	44:55	⇒ ⇒ ⇒	+/- 17.1%		
Alan Knox	M55	8	43:25	9	33:55					6	58:22	10	26:57					7	53:49	7	44:41	17	33:45	16	48:46	⇒ ⇒ ⇒	+/- 21.7%		
Stuart Woodhead	M55	11	44:54	10	34:08	11	70:11	7	98:14	12	62:31	18	29:39	20	31:56	7	41:25	11	58:35	17	49:09	20	35:03	11	46:48	⇒ ⇒ ⇒	+/- 22.8%		
Nick Whittingham	M55	14	46:39	14	36:05	8	67:43			10	61:06	15	28:56	18	31:27	8	41:52			18	49:16			9	46:00	⇒ ⇒ ⇒	+/- 18%		
Geoff Dimelow	M55	16	47:22	15	36:12	10	69:20	12	106:18	16	65:32	24	30:56	25	33:05	9	43:03			13	48:04	19	34:29	13	47:45	⇒ ⇒ ⇒	+/- 26.9%		
Dave Foster	M55	17	48:04	17	37:27	12	73:08			13	63:36	17	29:02	21	32:02	10	43:20	10	55:50	26	51:53			15	48:30	⇒ ⇒ ⇒	+/- 23.5%		
Keith Gordon	M60	15	47:05	13	35:10	17	76:07	10	102:46	14	65:04	20	29:50					12	58:41			22	35:43	14	48:02	⇒ ⇒ ⇒	+/- 25.2%		
Dave Needham	M60	19	49:25	16	36:42	24	93:03	9	101:35	22	72:52	29	31:36			18	48:13	14	61:12	15	48:52	23	36:16	17	48:56	⇒ ⇒ ⇒	+/- 58.1%		
Colin Porteous	M50			19	37:43	14	74:49			15	65:17	25	31:08	24	32:49	11	44:45			24	51:43	26	37:10	20	51:32	⇒ ⇒ ⇒	+/- 19.7%		
Sue Charlesworth	L45	22	51:35	21	38:42			15	109:04	20	71:30	28	31:33	27	33:59			15	61:30	16	48:57			24	55:24	⇒ ⇒ ⇒	+/- 27.8%		
Craig Birchall	M35	18	48:47	22	38:48			11	105:48	21	71:52	21	29:54	26	33:24	15	46:50			30	52:54					⇒ ⇒ ⇒	+/- 32.8%		
Ray Brown	M70	27	54:25	27	41:11	16	75:45	16	109:17	17	67:56	36	33:43	34	35:49					22	64:41	21	51:00	34	40:15	⇒ ⇒ ⇒	+/- 15.5%		
Dean Allcroft	M40	25	52:39			26	95:14	17	111:38	25	82:07	30	31:43	30	34:36					20	63:10	25	51:46	25	36:57	18	49:34	⇒ ⇒ ⇒	+/- 60.1%
Jackie Hetherington	L40	26	53:45	24	39:00	22	86:33	20	117:19					33	35:31	19	49:50	24	67:51	28	52:01					⇒ ⇒ ⇒	+/- 31.5%		
Sue Higham	L60	29	55:42					22	119:10			38	34:51	38	36:59	20	51:43	25	69:17	29	52:33	38	43:48	26	57:11	⇒ ⇒ ⇒	+/- 22.4%		
Annie Lightowler	L35	34	67:32	33	50:42	27	114:14	27	133:55	27	91:08	41	38:52	45	42:04	21	54:50					39	43:52	29	60:10	⇒ ⇒ ⇒	+/- 73.8%		
Lee Storey	M	2	37:48					1	80:31			2	23:47	2	25:36							3	28:23	2	37:56	⇒ ⇒ ⇒	+/- 7.3%		
Gary Dean	M40	5	39:59	2	29:46							3	24:02	6	26:51					6	43:31	10	30:10	3	40:36	⇒ ⇒ ⇒	+/- 19.8%		
Phil Buckley	M50	9	44:30					8	99:10			12	27:12	16	30:24							16	33:22	6	44:26	⇒ ⇒ ⇒	+/- 13.9%		
Ian Charlesworth	M45									3	54:14	7	25:38	9	27:42	2	36:49	2	48:54							⇒ ⇒ ⇒	+/- 13%		
Mark Law	M45	6	41:08											13	28:22					3	40:52	8	29:56	4	40:57	⇒ ⇒ ⇒	+/- 12.2%		
Julie Buckley	L50	4	39:47	3	30:17							5	25:13	7	26:57							15	32:14			⇒ ⇒ ⇒	+/- 8%		
Barbara Haigh	L60					19	78:27			18	69:33			39	37:15	12	45:30	21	63:20	22	51:17	33	40:10	23	53:08	⇒ ⇒ ⇒	+/- 15.2%		
Steve Dickinson	M45					7	67:26					11	27:10			5	39:49			10	45:47	18	33:46			⇒ ⇒ ⇒	+/- 14.1%		
Ian Wragg	M50	20	50:33	18	37:39			14	108:36			19	29:44							19	50:32	24	36:26	21	51:50	⇒ ⇒ ⇒	+/- 17.5%		
Richard Mackie	M35	3	39:31	5	30:56					2	52:16	4	24:19													⇒ ⇒ ⇒	+/- 12.5%		
Tracy Kemp	L35			26	40:02	13	73:13	13	106:50			31	32:09	28	34:06					13	60:11					⇒ ⇒ ⇒	+/- 11.2%		
Nick Morris	M	7	42:50	6	32:38	5	63:49			9	60:58															⇒ ⇒ ⇒	+/- 23.8%		
Martin Booth	M45											8	26:27	11	28:16							1	40:00	9	30:01	⇒ ⇒ ⇒	+/- 13.9%		
Brent Lindsay	M50									7	59:39			17	30:42	6	40:37	9	55:16							⇒ ⇒ ⇒	+/- 13.3%		
Julie Moxon	L40			23	38:56			18	112:18			26	31:20			13	46:14	16	61:38							⇒ ⇒ ⇒	+/- 8.3%		
Jane Cockerton	L45					20	81:14					33	32:40			16	47:16	23	65:13			32	40:05	25	55:32	⇒ ⇒ ⇒	+/- 19.2%		
Bernice Nixon	L55					18	77:58			19	71:10			32	35:12	17	48:10	18	62:25							⇒ ⇒ ⇒	+/- 21.9%		
Bob Innes	M60											14	28:21			14	46:33					29	38:01	19	50:26	⇒ ⇒ ⇒	+/- 19.1%		
Philip Morris	M	10	44:48	12	34:34	3	61:42																			⇒ ⇒ ⇒			
Michael Raynor	M					9	68:26			11	62:20							6	52:11							⇒ ⇒ ⇒			
Emma Wolff	L35			8	33:32															4	41:15	14	32:07			⇒ ⇒ ⇒			
Matthew Marsh	M													12	28:21			3	50:37			13	31:58			⇒ ⇒ ⇒			
Wayne Parkinson	M45									8	59:42			15	30:11									10	46:14	⇒ ⇒ ⇒			
Sophie Pogorzelec	L	31	63:19	31	46:00			28	135:16	26	90:01	39	37:08	42	40:22							40	43:57			⇒ ⇒ ⇒	+/- 49.7%		
Sarah Phelan	L35	23	51:53									23	30:06	23	32:32			19	63:06							⇒ ⇒ ⇒	+/- 25.2%		
Denise Pozorski	L45	32	63:32	32	46:46			29	135:25			42	39:07	46	42:17					31	57:58	41	45:41	32	62:57	⇒ ⇒ ⇒	+/- 18.5%		
Mark Riordan	M35																	17	61:45	20	50:45			12	47:13	⇒ ⇒ ⇒			
Wayne Blackburn	M40											16	28:59							14	48:09	21	35:26			⇒ ⇒ ⇒			
Phil Hinchliffe	M35					1	55:09							3	26:07											⇒ ⇒ ⇒			
Colin Loyns	M40	24	52:28	25	39:24			25	125:51			32	32:30													⇒ ⇒ ⇒	+/- 27.5%		
Richard Sunman	M40													4	26:33					2	40:38					⇒ ⇒ ⇒			

