

Penistone Footpath Runners & AC

Club Mile & Track Evening – 8 May 2019 – Dorothy Hyman Stadium, Cudworth

80m

1	Flynn Rogers	14.0s	MU11	Penistone
2	Ruby Ball	14.2s	FU13	Penistone
3	James Ball	14.7s	MU11	Penistone
4	Millie Lees	15.2s	FU11	Penistone

600m

1	Becky Hughes	2:15.3	FU11	Barnsley AC
2	Flynn Rogers	2:20.1	MU11	Penistone
3	James Ball	2:34.4	MU11	Penistone
4	Millie Lees	2:42.1	FU11	Penistone

800m

1	Rocco Hughes	2:43.3	MU13	Barnsley AC
2	Niamh Evans	3:14.8	FU15	Barnsley AC
3	Ruby Ball	3:25.8	FU13	Penistone
4	Olivia Garrity	3:34.5	FU15	Barnsley AC

Mile – A Race

1	Scott Hinchcliffe	4:41.0	MSen	Penistone	
2	Gareth Cooke	4:59.7	MSen	Penistone	
3	Charlie Skipper	5:00.0	MSen	Penistone	
4	Kieron Reed	5:00.4	MSen	Penistone	
5	Hugh Mackie	5:03.9	MU17	Penistone	
6	Patrick Needham	5:06.3	MU23	Barnsley Harriers/Penistone	
7	Lee Storey	5:06.6	MSen	Penistone	
8	Lee Nash	5:08.4	MSen	Penistone	
9	Gary Briscoe	5:10.2	MSen	Penistone	
10	Sonny Boy Hughes	5:11.4	MU15	Barnsley AC	
11	Jonson Hughes	5:12.1	MU15	Barnsley AC	
12	Martin Ball	5:13.0	MV45	Penistone	
13	Damien Briscoe	5:22.6	MSen	Penistone	
14	Daren Nockels	5:23.0	MV50	Penistone	Club record
15	Matthew Robinson	5:31.4	MV50	Penistone	(Broke previous club record)

Mile – B Race

1	Andrew Pearson	5:26.9	MV50	Penistone	(Broke previous club record)
2	John Halstead	5:34.0	MU17	Penistone	
3	Simon Pike	5:34.4	MSen	Penistone	
4	Rob Taylor	5:34.7	MSen	Barnsley AC	
5	Robert Lees	5:38.8	MV40	Penistone	
6	James Taylor	5:40.1	MU17	Penistone	
7	Robin Clough	5:45.7	MV45	Penistone	
8	Bryan Harrod	5:47.7	MV45	Penistone	
9	Tom Fryers	5:48.9	MU20	Penistone	
10	Daniel Wade	5:52.7	MU17	Penistone	
11	James Fryers	5:53.1	MU17	Penistone	
12	Lee Hopkins	5:57.2	MV45	Penistone	
13	Richard Williams	6:03.2	MSen	Penistone	
14	Samantha Shaw	6:12.2	FSen	Penistone	
15	Paul Fryers	6:13.8	MV50	Penistone	
16	Sam Taylor	6:15.8	MU13	Penistone	
17	Lee Spensley	6:17.5	MV45	Barnsley AC	
18	Richard Docker	6:19.5	MV55	Penistone	
19	Luke McGuinness	6:23.3	MSen	Penistone	
20	Lesley Parker	6:26.2	FV40	Penistone	
21	David Napier	6:26.6	MV45	Penistone	
22	Matthew Coldwell	6:28.4	MV40	Penistone	
23	Wayne Parkinson	6:42.8	MV55	Penistone	

Mile – C Race

1	Stuart Smith	7:03.0	MV60	Penistone	
2	Andrew Taylor	7:21.3	MV50	Penistone	
3	Steve Domett	7:21.5	MV55	Penistone	
4	Jude Matthews	7:25.3	FV35	Penistone	
5	Dawn Godley	7:42.4	FV55	Penistone	Club record
6	Sarah Halstead	7:45.7	FV50	Penistone	
7	Heather Lindley	7:46.5	FV55	Penistone	(Broke previous club record)
8	Sue Hall	8:02.1	FV60	Penistone	Club record (set)
9	Myfanwy Cross	8:05.4	FV35	Penistone	
10	Jill Scrivens	8:08.2	FV45	Penistone	
11	John Spencer	9:01.8	MV60	Penistone	