

Penistone Footpath Runners Club Mile and Track Evening

Dorothy Hyman Sports Centre

Wednesday 23rd May

We have the track booked from 6pm but you may arrive earlier and warm up. Timings are approximate.

Junior races starting at 6:15 (races will be run together if appropriate)

Under 11 girls 80m

Under 11 boys 80m

Under 13 girls 100m

Under 13 boys 100m

Under 15 girls 100m

Under 15 boys 100m

6.45 – Under 11s 600m

Under 13s/under 15s 800m (under 13s/under 15s can choose to run 800m or the club mile)

7:00 – Penistone v Barnsley AC 4x400 relay challenge women's

7:10 – Penistone v Barnsley AC 4x400 relay challenge men

7.20 – Club mile B race

7.35 – Club mile women's A race

7.45 – Club mile men's A race

7.55 – 400m mad dash

8:00–9:00 – Buffet in lounge

Address:

Dorothy Hyman Sports Centre

Snydale Road

Cudworth

S72 8LH