



Penistone Footpath Runners & AC Club Championship 2018

Overall Championship – after Dewsbury 10K

Noone has qualified for the Overall Championship

To qualify, runners complete nine Championship events (out of 18) with at least two from each section (road, cross country and fell): points from best nine results (including at least two from each section) count

Men				Ladies					
	Category	Races	Points		Category	Races	Points		
1	Scott Hinchcliffe	M Senior	1	95	1	Megan Button	F Senior	1	84
2	Gareth Cooke	M Senior	1	90	2	Julie Darigala	FV45	1	83
3	Andrew Heppenstall	MV35	1	87	3	Jill Carlton	FV40	1	81
4	Damien Briscoe	M Senior	1	85	4	Julia Cobham	FV35	1	80
5	Martin Ball	MV45	1	85	5	Julie Moxon	FV45	1	79
6	Matthew Robinson	MV50	1	84	6	Ashleigh Bowskill	F Senior	1	78
7	Mark Riordan	MV40	1	82	7	Andrea Henson	FV45	1	78
8	Simon Pike	MV35	1	81	8	Shelley Gill	FV35	1	76
9	John Lawcock	MV50	1	75	9	Jude Matthews	FV35	1	75
10	Matthew Coldwell	MV40	1	75	10	Sue Hall	FV55	1	74
11	Tom Fryers	MU17	1	72	11	Susan Charlesworth	FV50	1	72
12	Paul Fryers	MV50	1	71	12	Myfanwy Cross	F Senior	1	71
13	Ian St Clair	MV50	1	70	13	Dawn Godley	FV55	1	69
14	Keith Gordon	MV65	1	66	14	Marysia Pozorski	F Senior	1	65
15	John Pitt	MV65	1	63	15	Susan Higham	FV65	1	62
16	Stuart Smith	MV60	1	62	16	Jane Partridge	FV45	1	62
17	Ian Sutcliffe	MV55	1	61	17	Denise Pozorski	FV50	1	57
18	David Needham	MV70	1	57	18	Karen Schofield	FV50	1	57
19	Ray Brown	MV70	1	53	19	Rianna Armitage	FV35	1	57
					20	Kirstie Rickerby	FV40	1	56



Penistone Footpath Runners & AC Club Championship 2018

Road Section – after Dewsbury 10K

Noone has qualified for the Road Championship

To qualify, runners complete three events (out of six): points from best three results count

Men				Ladies					
	Category	Races	Points		Category	Races	Points		
1	Scott Hinchcliffe	M Senior	1	95	1	Megan Button	F Senior	1	84
2	Gareth Cooke	M Senior	1	90	2	Julie Darigala	FV45	1	83
3	Andrew Heppenstall	MV35	1	87	3	Jill Carlton	FV40	1	81
4	Damien Briscoe	M Senior	1	85	4	Julia Cobham	FV35	1	80
5	Martin Ball	MV45	1	85	5	Julie Moxon	FV45	1	79
6	Matthew Robinson	MV50	1	84	6	Ashleigh Bowskill	F Senior	1	78
7	Mark Riordan	MV40	1	82	7	Andrea Henson	FV45	1	78
8	Simon Pike	MV35	1	81	8	Shelley Gill	FV35	1	76
9	John Lawcock	MV50	1	75	9	Jude Matthews	FV35	1	75
10	Matthew Coldwell	MV40	1	75	10	Sue Hall	FV55	1	74
11	Tom Fryers	MU17	1	72	11	Susan Charlesworth	FV50	1	72
12	Paul Fryers	MV50	1	71	12	Myfanwy Cross	F Senior	1	71
13	Ian St Clair	MV50	1	70	13	Dawn Godley	FV55	1	69
14	Keith Gordon	MV65	1	66	14	Marysia Pozorski	F Senior	1	65
15	John Pitt	MV65	1	63	15	Susan Higham	FV65	1	62
16	Stuart Smith	MV60	1	62	16	Jane Partridge	FV45	1	62
17	Ian Sutcliffe	MV55	1	61	17	Denise Pozorski	FV50	1	57
18	David Needham	MV70	1	57	18	Karen Schofield	FV50	1	57
19	Ray Brown	MV70	1	53	19	Rianna Armitage	FV35	1	57
					20	Kirstie Rickerby	FV40	1	56



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Dewsbury 10K, 4 February

Race winners Mohammed Abu-Rezeek, Altrincham 29:42
Charlene Thomas, Wakefield Harriers 34:50

39 Penistone finishers

	Position	Time	Points	Category	% relative to winning time
Scott Hinchcliffe	3	32:00	95	M Senior	108%
Gareth Cooke	19	33:58	90	M Senior	114%
Andrew Heppenstall	55	35:48	87	MV35	121%
Damien Briscoe	73	36:22	85	M Senior	122%
Martin Ball	88	36:49	85	MV45	124%
Matthew Robinson	98	37:06	84	MV50	125%
Mark Riordan	141	38:22	82	MV40	129%
Simon Pike	152	38:43	81	MV35	130%
John Lawcock	277	41:47	75	MV50	141%
Matthew Coldwell	282	41:50	75	MV40	141%
Megan Button	369	43:38	84	F Senior	125%
Tom Fryers	374	43:47	72	MU17	147%
Julie Darigala	404	44:21	83	FV45	127%
Paul Fryers	421	44:41	71	MV50	150%
Ian St Clair	426	44:49	70	MV50	151%
Jill Carlton	463	45:38	81	FV40	131%
Julia Cobham	480	46:03	80	FV35	132%
Julie Moxon	506	46:36	79	FV45	134%
Ashleigh Bowskill	543	47:08	78	F Senior	135%
Andrea Henson	546	47:11	78	FV45	135%
Keith Gordon	558	47:22	66	MV65	159%
Shelley Gill	607	48:35	76	FV35	139%
Jude Matthews	649	49:23	75	FV35	142%
Sue Hall	664	49:44	74	FV55	143%
John Pitt	671	49:54	63	MV65	168%
Stuart Smith	674	49:58	62	MV60	168%
Ian Sutcliffe	723	50:58	61	MV55	172%
Susan Charlesworth	737	51:10	72	FV50	147%
Myfanwy Cross	788	52:14	71	F Senior	150%
Dawn Godley	857	53:45	69	FV55	154%
David Needham	875	54:11	57	MV70	182%
Marysia Pozorski	938	56:17	65	F Senior	162%
Ray Brown	968	57:16	53	MV70	193%
Susan Higham	1030	59:12	62	FV65	170%
Jane Partridge	1032	59:14	62	FV45	170%
Denise Pozorski	1115	62:59	57	FV50	181%
Karen Schofield	1122	63:25	57	FV50	182%
Rianna Armitage	1124	63:27	57	FV35	182%
Kirstie Rickerby	1138	64:24	56	FV40	185%