

Penistone Footpath Runners and Athletics Club presents:

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www.penistoneleisurecentre.org.uk/



Penistone Hill Race

Sunday 24th September 2017 at 10:30 am

Race run under UK Athletics rules, Cross Country Permit 2017062

Course Record Holders – Joe Fowler 43:26 (2015), Caitlin Rice 49:14 (2014)

Start and Finish from Penistone Showground (behind Tesco GR 243033)

FACILITIES – Registration from 9am at Penistone Leisure Centre, Thurlstone Road, S36 9EF (GR 241037) – allow 10 minutes to walk to the start. Parking, changing rooms, showers, hot food and refreshments available.

ENTRY FEE – £7 EA Affiliated Club Members, £9 Unaffiliated in advance, £10/£12 on the day, **Cheques payable to 'Sporting Penistone'** or online entry at <https://racebest.com/races/penistone-hill-race>

COURSE – This is a tough race on tarmac, trail and paths with hills, but guaranteed you will enjoy it with the stunning views of the Penistone area. **Approximately 6½ miles, 10½ km, 300m of ascent**

ENTRIES – Shaun Dimelow, 9 Corunna View, Penistone, Sheffield, S36 6GE.
Email: shaundimelow@hotmail.com. Enclose a SAE for number and race details or opt to collect number on the day. **ALL monies go to Penistone Leisure Centre – charity 1112840**

PRIZES – Trophies for 1st Male and Female, prizes for all age categories and teams, extensive spot prizes. Shield for the 1st Team of 4 non-affiliated runners.

SURNAME FORENAMES

ADDRESS

POST CODE E-MAIL

TELEPHONE CLUB

SEX (M/F) EA NUMBER

AGE on 24/09/2017 DATE OF BIRTH

I am an amateur as defined by UKA Rules, I am medically fit to run and enter at my own risk. I shall not hold the race organisers responsible for any injury or loss/damage to property.

SIGNATURE

DATE